



Kawana Waters Swimming Club

2018 State Preparation Meet

Friday 14th & Saturday 15th September
2018

Date	Friday 14 th & Saturday 15 th September
Time	Friday Evening: 5:00pm Warm Up for a 6:00pm Start Saturday: 7:00am Warm Up for an 8:30am Start
Venue	Kawana Aquatic Centre Sportsmans Parade BOKARINA QLD 4575
Gate Entry	\$3.00 Entry for all Spectators. Swimmers, Coaches and Children 10 & Under Free Gates Open 5pm Friday and 7am Saturday
Nomination Fee	\$7.00 per event + Online Credit Card Fee
Age Determination	Age as at Friday 14 th September, 2018
Nominations Open	9.00am Wednesday 15 th August, 2018
Nominations Close	23.59pm Wednesday 5 th September, 2018
Events	As per attached Event List – Please Note: Swimmers must be a minimum of 11yrs as at 14th September 2018 to swim the OPEN EVENTS (not including M/D Open events).





Kawana Waters Swimming Club

2018 State Preparation Meet

Friday 14th & Saturday 15th September
2018

<p>Entries</p>	<p>Entry is open to any SQ registered swimmer. Entries from other states will be accepted with clearance from their State Swimming Body.</p> <p>All entries must be submitted through the online link: https://connect.swimming.org.au/sal-wrap-public/workflows/MEMBER.EVENT.DETAIL&dbWorkflowKey=017723</p> <p>No monies will be returned for incorrect nominations.</p> <p>Late entries may be accepted on the day at the discretion of the Race Secretary and a fee of \$20 per event applied (if lanes available).</p>
<p>Timekeepers</p>	<p>Timekeepers will be required to be provided by each Club. A club timekeeping roster will be provided at a ration dependant on the number of swimmers attending.</p> <p>FRIDAY NIGHT: Clubs nominating swimmers in distance events are required to provide parent timekeepers and lap counters.</p>
<p>Refreshments</p>	<p>Kawana Swimming Club will be operating a BBQ throughout the day. Pool Kiosk will also be operating throughout the day.</p>
<p>Awards</p>	<p>Medals will be awarded as follows:</p> <ul style="list-style-type: none"> • 50m events – fastest 3 placegetters in each AGE group – 8, 9,10 and 11 yrs. • 100m events – fastest 3 placegetters in each AGE group – 10 & 11 yrs. <p>Cash Prizes will be awarded as follows:</p> <ul style="list-style-type: none"> • 100m events – fastest 3 placegetters in each AGE group – 12yrs, 13yrs 14yrs & 15yrs & Over (1st \$10, 2nd \$5, 3rd \$3). • OPEN events (200m events, 400m IM & Freestyle, 800m Freestyle and 1500m Freestyle) – fastest 3 placegetters in each event (1st \$10, 2nd \$5, 3rd \$3). • M/D OPEN events (50m events) will receive cash prizes only – fastest 3 placegetters in each event (1st \$10, 2nd \$5, 3rd \$3). <p>Medals and Cash Prizes must be collected on the day of the meet as they will not be made available for collection nor will they be posted out after the meet.</p>





Kawana Waters Swimming Club

2018 State Preparation Meet

Friday 14th & Saturday 15th September
2018

<p>Age Champions</p>	<p>Age Champions will be awarded to the following age groups: 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs & 15yrs & Over</p> <p>For the 8, 9 & 10 year age groups, points will be awarded in the 50m events ONLY. All four events must be swum to be eligible (scored events).</p> <p>For the 11 & 12 year age groups, points will be awarded in the 100m events ONLY. All four events must be swum to be eligible (scored events).</p> <p>For the 13, 14 and 15 & Over year age groups, points will be awarded in ALL EVENTS (scored events). No limit on number of events entered. Highest point scorers will be awarded Age Champions.</p> <p>For M/D, points will be awarded in the OPEN 50m M/D events. All four events must be swum to be eligible (scored events).</p> <p>In the event of a tie, the tied swimmer with the lowest total time for all scored events competed in will be the Age Champion for that Age Group.</p>
<p>Rules</p>	<p>SAL/SQ Rules will apply One start rule will apply Feet first entry is required for backstroke entry</p>
<p>Psych Sheets & Results</p>	<p>Psych sheets/Entry Lists will be displayed on the Wide Bay Swimming website www.widebay.swimming.org.au and Kawana Waters Website https://kawanawaters.swimming.org.au/. It is the responsibility of your club's Race Secretary to check the psych sheets as they are posted on the Wide Bay Swimming Website. Notifications of any discrepancies should be received within 48 hours of them being published on the Wide Bay Swimming website. Results can be found on the Wide Bay Swimming website within 48 hours of the completion of the meet. Results will also be sent through to Swimming Qld.</p>





Kawana Waters

Swimming Club

2018 State Preparation Meet

**Friday 14th & Saturday 15th September
2018**

<p>Qualifying Times</p>	<p>Please see attached events program. If you wish to enter the 1500/800/400 free, the 400 IM or any of the 200m events and have not competed in these events before (i.e. do not have a time) you may enter with your coach supplying a time. Please email through your request to enter these events only to racekawana@gmail.com for the attention of Sarah Pendergast. Entries need to be received by the closing date with the following details: Swimmers Name, DOB, Club, Coaches Name and time supplied (Time must be under the QT and signed by the Coach with their ACSTA number). Please note: We are unable to accept Coaches' times just because you wish to be seeded in a better position. Coaches' times will only be accepted if you have never swum the event before.</p>
<p>Programs</p>	<p>\$3.00 Programs will be available for purchase on the Friday Evening and Saturday morning.</p>
<p>Photography & Images</p>	<p>In nominating for this Meet, swimmers agree that they may be photographed by Club approved photographers and images may be used by the Club on their website and social media pages.</p>
<p>Refunds</p>	<p>No refunds will be given if the meet is cancelled on the day due to inclement weather.</p>
<p>Enquiries</p>	<p>Nomination enquiries please contact Sarah Pendergast on 0414 683 430 or email racekawana@gmail.com General enquiries please contact Meet Director Kylie Johnston on 0400 633 519 or email uniformskawana@gmail.com</p>





Kawana Waters Swimming Club

2018 State Preparation Meet

Friday 14th & Saturday 15th September
2018

PROGRAM OF EVENTS

Friday 14th September – Warm 5.00pm for a 6.00pm Start

GIRLS	QT's	EVENTS	BOYS	QT's
1	21:20.86	Open 1500m Freestyle	2	20:58.20
3	11:42.94	Open 800m Freestyle	4	11:42.15
5	6:52.64	Open 400m Ind Medley	6	6:50.21

Saturday 15th September – Warm Up 7.00am for an 8.30am Start

GIRLS	QT's	EVENTS	BOYS	QT's
7	5:46.04	Open 400m Freestyle	8	5:39.14
9		8 – 11 yrs 50m Freestyle	10	
11		Open M/D 50m Freestyle	12	
13		10 yrs & Over 100m Freestyle	14	
15	3:09.38	Open 200m Butterfly	16	3:07.31
17		8 – 11 yrs 50m Breaststroke	18	
19		Open M/D 50m Breaststroke	20	
21		10 yrs & Over 100m Breaststroke	22	
23	3:09.06	Open 200m Backstroke	24	3:09.59
25	3:13.78	Open 200m Ind Medley	26	3:11.55
27		8 – 11 yrs 50m Backstroke	28	
29		Open M/D 50m Backstroke	30	
31		10 yrs & Over 100m Backstroke	32	
33	3:35.80	Open 200m Breaststroke	34	3:27.96
35		8 – 11 yrs 50m Butterfly	36	
37		Open M/D 50m Butterfly	38	
39		10 yrs & Over 100m Butterfly	40	
41	2:44.01	Open 200m Freestyle	42	2:38.97

- All \geq 200m Qualifying Times are 110% of the 12 Years Qld Championship QT's (13 yrs 1500m). These QT's apply to all swimmers regardless of their actual age at the meet. Coaches' times will be accepted for any of the above events (Please see Qualifying Times section in the Meet Flyer on how to nominate with a Coaches' time).

