

**Hot Food
& Great
prizes to
be
won!!!!**



**Huge
Grand
Stand**

2018 NAMBOUR LC TRANSITION MEET

Saturday 3rd November 2018

**Nambour Aquatic Centre
Petrie Park Rd, Nambour**

Dear Secretary/Team Manager,

We are proud to be hosting the B Grade Qualifying 2018 NAMBOUR SWIM MEET. The following information will help you in planning a fun filled competition.

Features of the 2018 NAMBOUR SWIM MEET are:

- 50 metre heated pool
- Dolphin Semi-Automatic timing
- Junior Rule Tolerances will apply 7 and under only
- Gates open 7:15am
- 7.30am warm-up for 8.30am start 11 & under
- 11.30am warm-up for approximately 12.15pm start 12 & over
- Nominations \$6 per event/ Dolphins \$2.50 per event (7 & under)
- Medals for 8 and over events
- "Awards" for Age Champions 8,9,10,11,12,13,14,15 & over (50M Events)
- Hot BBQ Breakfast & Lunch as well as canteen facilities available
- Pool Entry \$3.00 adults (12 and over) & swimmers free
- Large covered grandstand

NOMINATIONS CLOSE Monday 22nd October 2018 at 10pm

NO LATE ENTRIES WILL BE ACCEPTED

CONTACT: Matthew Power 0438885952 (Meet Director)
Alana Gread-Power 0438440655 (Race Secretary)

2018 NAMBOUR SWIM MEET

CONDITIONS OF ENTRY

1. All competitors must be registered with QSA at time of nomination.
2. The carnival will be conducted under QSA rules.
3. Junior Rule Tolerances will only apply to 7 and under.
4. All entries to be submitted via online nomination process. No late entries accepted.
NOMINATIONS CLOSE Monday 22nd October 2018
5. Age group for swimmers will be calculated as at the day of the meet.
6. Race secretaries are to ensure swimmers DOB and nominated times are accurate.
7. No fees will be returned for incorrect nominations or weather events.
8. Individual medley races consist of equal distances of butterfly, backstroke, breaststroke and freestyle in that order.
9. Swimmers must swim in lanes allotted by the Check Starter.
10. Events/ heats may be combined at the discretion of the Marshall/ Referee. Heats may not be reseeded.
11. Placing will be decided on the fastest times in heats of all events. There will be no finals. Medals will be presented for 1st, 2nd & 3rd best times in each event.
12. Age champion's awards will be presented to winners of each age group (8 and over). Points will not be awarded for 100m and 200m events. Points are 1st 6, 2nd 3, 3rd 1
13. In the event of a tie the fastest freestyle time will determine the award.
14. All events are open to multi-class swimmers.
15. Multi-class swimmers will be placed into heats according to seed time.
16. There will be no separate age champion awards for multi-disability swimmers
17. Multi-disability swimmers will be presented medals for 1st, 2nd & 3rd best times in each event separate to non Multi-disability swimmers.
18. 7 & under will receive participation ribbons.
19. The one-start rule will apply throughout.
20. Feet first entry for all backstroke events.
21. The Team Representative must submit protests to the Referee in writing, together with a deposit of \$50.00 and within 30 minutes of the posting of results. Deposit only refunded if protest up held.
22. Clubs will provide timekeepers as per roster in the meet program.
23. Multi-disability entries should clearly state swimmer's classification code.
24. Please check Psych sheets for errors and advise by email within 24 hours of posting on www.widebayswimming.org.au/psychsheets



Program of Events

Session One

Warm- up 7:30am – Competition 8:30am

1	Male	8-11	200	IM
2	Female	8-11	200	IM
3	Male	7 & U	25	Free
4	Female	7 & U	25	Free
5	Male	8-11	50	Free
6	Female	8-11	50	Free
7	Male	8-11	100	Back
8	Female	8-11	100	Back
9	Male	7 & U	25	Breast
10	Female	7 & U	25	Breast
11	Male	8-11	50	Breast
12	Female	8-11	50	Breast
13	Male	8-11	100	Butterfly
14	Female	8-11	100	Butterfly
15	Male	7 & U	25	Back
16	Female	7 & U	25	Back
17	Male	8-11	50	Back
18	Female	8-11	50	Back
19	Male	8-11	100	Breast
20	Female	8-11	100	Breast
21	Male	7 & U	25	Butterfly
22	Female	7 & U	25	Butterfly
23	Male	8-11	50	Butterfly
24	Female	8-11	50	Butterfly
25	Male	8-11	100	Free
26	Female	8-11	100	Free

***7 & under will be awarded participation ribbons.**

*** All events open to multi-class swimmers.**

**SEE NEXT PAGE FOR SESSION 2
warm up 11.30am**

Session Two**Competition not before 12 noon. (Warm- up approx 11.30am)**

Event	Gender	Age	Distance	Stroke
27	Male	12 & Over	200	IM
28	Female	12 & Over	200	IM
29	Male	12 & Over	50	Free
30	Female	12 & Over	50	Free
31	Male	12 & Over	100	Back
32	Female	12 & Over	100	Back
33	Male	12 & Over	50	Breast
34	Female	12 & Over	50	Breast
35	Male	12 & Over	100	Butterfly
36	Female	12 & Over	100	Butterfly
37	Male	12 & Over	50	Back
38	Female	12 & Over	50	Back
39	Male	12 & Over	100	Breast
40	Female	12 & Over	100	Breast
41	Male	12 & Over	50	Butterfly
42	Female	12 & Over	50	Butterfly
43	Male	12 & Over	100	Free
44	Female	12 & Over	100	Free

*** All events open to multi-class swimmers**