

2016 HANCOCK PROSPECTING AUSTRALIAN SHORT COURSE CHAMPIONSHIPS

QUALIFYING TIMES

MEN	EVENT	WOMEN
23.10	50m Freestyle	26.30
50.10	100m Freestyle	56.60
1:50.80	200m Freestyle	2:02.80
3:56.30	400m Freestyle	4:16.30
8:19.00	800m Freestyle	8:51.60
15:41.00	1500m Freestyle	17:05.00
26.50	50m Backstroke	29.90
56.40	100m Backstroke	1:03.20
2:02.40	200m Backstroke	2:16.20
29.50	50m Breaststroke	33.65
1:03.60	100m Breaststroke	1:12.90
2:19.00	200m Breaststroke	2:36.20
25.10	50m Butterfly	28.40
55.65	100m Butterfly	1:02.60
2:04.70	200m Butterfly	2:18.30
58.10	100m Individual Medley	1:05.50
2:04.80	200m Individual Medley	2:19.00
4:26.00	400m Individual Medley	4:55.80
CLUB RELAYS		
3:30.00	4 x 100m Freestyle	3:52.00
7:45.00	4 x 200m Freestyle	8:24.00
3:52.00	4 x 100m Medley	4:25.00

For Australian Short Course Championships the standard Qualifying time should be achieved in a 25m pool. A time in a 50m pool can only be used without a conversion factor when a short course time is not available.

Qualifying time must be achieved since 1st January 2015.

Minimum age is 12 years at first day of Competition.

If you have any questions re qualifying times please contact Liz Avery: liz.avery@swimming.org.au