



The Ssscoop Issue 6 Winter 6 September 2016

The South Shore Swimming Club sends condolences and sympathy to Life members Stephen and Graeme Donovan, Cathy and Stephen's older brother Tim on the sudden passing of their son and brother Michael (29 years) in Mykonos on 15 August 2016. Michael (left) was on holiday in Europe. Michael had a cardiac arrest and he would have been unconscious or have passed away prior to falling from a cliff. Michael was a fit young man and his heart condition was unknown and it could have happened anywhere/anytime. The family treasure the last family get-together in Florence in July for the Down Syndrome World Swimming Championships.



Jeremy in Rio

Huge good wishes to Jeremy McClure who is currently in Rio with wife Heidii for the 2016 Paralympics, which starts this week. Thank you to everyone who donated towards a total of \$12,035 to help Jeremy achieve his dreams. Good luck in Rio Jeremy, everyone at South Shore will be watching. The opening ceremony will be broadcast live on Channel 7 at 5.30am Thursday.

Winter Wind-up

Could everyone please return their Winter season perpetual trophies Deb Doody via Shannon. Many thanks. The club's Winter Wind-up will be held at **4pm on 15 October** so make sure you save the date. Families with the surname A-M will be asked to bring a salad while families with the surname N-Z are asked to bring a dessert. The club will provide pizza and chicken. The **AGM will be held just beforehand at 3pm**. JX Awards will also be presented.

Bogan Bingo

Tune up your air guitars and get ready to release your inner bogan at our Bogan Bingo fundraiser on **Friday 16 September** at Tompkins on Swan. If you don't already have a ticket please contact Deb, Gail, Chantal or Carolyn to get one. You don't need to organize a table for 10 – we will find a fun table for you to join (we can push numbers out to 12).

Bogan Bingo sponsorship

Thanks so much to all of our organisers and extremely generous supporters of South Shore's Bogan Bingo fundraiser. We would also like to say a big thanks for sponsorship support to:

- **Sinclairs Jewellers** which has donated a silver wire with Australian South Sea pearl necklace worth \$435 and silver drop earrings with Australian South Sea pearls worth \$300.
- Fremantle enviro-business **Replants.com**, which has donated a "trailer special" of three grasstrees worth \$325
- the Cooke family who have donated a hamper from **Priceline Pharmacy Canning Vale** and a hamper and \$100 gift vouchers from **Night and Day Pharmacy Canning Vale**
- **John Burns Pharmacy** in Melville, which has donated two adults-only fun weekend packs worth \$100 and \$70 respectively
- **Neo Settlements** has donated a 50% off voucher for a property settlement
- Amber and Janine Kinnane have donated a beautiful Glasshouse candle worth \$80
- Terina from **Zedz Hair Spa Du Jour** (Canning Hwy, Palmyra) has donated a Gift Certificate for a Zedz Signature Facial worth \$120
- **Bounce** has donated five free passes
- **Little Creatures** has donated a \$50 voucher
- **Krispy Kreme Myaree** has donated two dozen originally glazed Krispy Kreme donuts
- **City of Melville Leisurefit** has donating five two-week memberships
- Susie Singh has donated a brand new golf bag and some books
- **Colour Bar for Hair** has donated a Gift Voucher
- **Vorgee** has donated a prize pack in club colours that includes a kickboard, goggles, goggle bag, cap and an aqua towel
- Anthony from the **Warehouse Fitness Centre** in Fremantle has donated three vouchers for use of their gym facilities and fitness classes at Fremantle or O'Connor valued at \$89 each
- **LMS Styling** has donated a \$50 Gift Certificate plus Keune products worth \$45
- **Armando's Sports** has donated socks, caps, water bottles and other goodies
- **Perth Mint** has donated a Family Pass worth \$45 to visit The Perth Mint Gold Exhibition
- **Attadale Cycles** has donated a \$50 voucher and camelback water bottle (valued at \$30)
- **Melville Plaza Newsagency** has donated \$30 worth of scratchies
- **Dental Surgeon Seth Eggleston** has donated some fabulous dental care products

- **Wardrobe** has donated a \$25 gift voucher
- **Kmart Booragoon** has donated a \$20 Coles Group and Myer gift card
- the Bazley, Beck, Della-Marta, Doody, Hough, Saetang and Mould families have donated various hamper and other items, along with Gail's friend Deb Brannan

Please support these fabulous (largely local) businesses, who have been so supportive of our club and swimmers.



Senior States

Georgia Anderson, Mathew Beck, Sean Beck, Lennard Booth, Abby Clarke, David Crothers, Bella Dans, Cullen Dans, Ellie Fry, Isaac Ho, Shayla Hodzic, Georgia Mack, Sirena McDowell, Brooke Pensini, Jack Prigg, Sophie Rich, Lisa Saetang, Fin Schaper, Jemma Schofield, Remy Seneque and Vienne Seneque will all be representing South Shore at The West Australian Newspaper State Open and Age Short Course Championships this weekend. Coach Chris requests that all swimmers wear shoes down to marshalling to stay warm. Go South Shore!

Handicap Trophy results

Dina Hodzic won the 100 IM Carey Trophy by swimming a 10 sec PB with Declan Mould and Jack Della Marta doing their best to chase Dina down. In the 200 IM John Gorringer Trophy, Ryan Doody swam a 13 sec PB to win from Isaac Ho and Sean Beck. Ebony McGuigan took out the Finucane handicap trophy final, touching out Jessica Cooke, Thomas Dreverman and Lucas Ho. Sean Beck won the Fremantle SC Life Members handicap trophy by the slimmest of margins from Lottie Zollner, with Jemma Schofield, Isaac Ho and Cullen Dans (not necessarily in that order) a little behind the two leaders. Well done to all of our winners and qualifiers.

Please stay off the lane ropes

The LeisureFit Aquatics Team have asked that all swimmers stay off the lane ropes during sessions. On two occasions, lane ropes have snapped due to swimmers sitting on them. Lane ropes are expensive items and building them is also time consuming. Please do the right thing and respect the equipment. Could parents of younger swimmers please talk to their kids about this matter.



Nandos Huge thanks to Nandos Myaree who have provided the club with a big stack of Nando's vouchers for yummy Nando's quarter chickens.

Officials course

A big thank you to everyone who attended our officials course on 19 August. Twenty one people attended, including six from Kwinana and two from Riverton. Huge thanks to Kaye and Allison for running the course and also to the wonderful South Shore participants for bringing the food which gave us fuel for the second half.

Engine goggles

South Shore will be selling high quality Engine Weapon goggles as a fundraiser. These fantastic goggles are already used by many of our swimmers and normally retail online for \$32 plus postage. The club will be selling them for \$28 each. They come in a range of colours and will be delivered in October. Please see Mandy Mack or Lee Jasson for pre-orders or reply to this post.



LeisureFit Competition Swim

The club welcomes anyone interested in swimming as a sport or for fitness into the LeisureFit Competition Swim coaching program. New Head Coach Chris Twomey oversees all squads from Bronze through to Nationals.

For information about the program please go to

www.southshore.swimming.org.au/page.php?id=9672 Please share or email this link to any friends who may be interested in joining. Strong junior swimmers able to swim continuously for an hour will be considered for enrolment in Bronze.

School Sports

All the best to Cullen Dans who will compete in the State School Swimming Championships in Darwin next week.

Dress for success

See Apparel Officer Kylie Baker for all your apparel needs.

Club polo shirts \$35

Club caps \$11

Club shorts \$25

Upcoming meets

Coaches will only attend Target meets. All entrants must provide a helper to fulfill the duties allocated to the Club by Swimming WA (e.g. time-keeping, selling programs and refreshments). This generally only involves a 1 to 1.5 hour commitment per meet.

The West Australian Newspaper State Open and Age Short Course Championships

Friday 9 to Sunday 11 September 2016 at HBF Stadium

Entries closed.

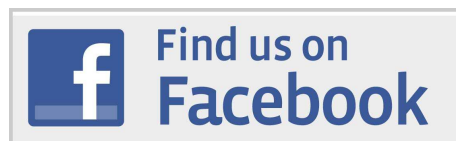
The West Australian Newspaper Junior Short Course Championships

Saturday 24 to Sunday 25 September 2016 at HBF Stadium

Online entries by Tuesday 13 September.

Save the date

- Jeremy competes at the Rio Paralympics which starts on **8 September** (Perth time)
- Bogan Bingo **16 September**
- Winter Windup **15 October**
- Summer League at Booragoon Leisurefit **16 October**
- First Summer Club night **24 October**
- Possible Adelaide Tour **18-22 January**



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Why wait for *The Ssscoop* to come out to find out the latest South Shore news? 'Like' the Club's Facebook page and club updates will be posted to your Home page as soon as they happen.

Website

southshoreswimming.com.au



Swimmer's World

Swimmer's World is a South Shore Swimming Club preferred retailer. Please mention South Shore and customer number 504 when

you shop in store, to receive a 10% discount. To shop online and receive the 10% discount enter the coupon code "SOUTHSWIM". Your purchases will also earn benefits for the club.

