



The Ssscoop

Issue 7 Summer 5 April 2016



Club membership

Everyone who trains with the Booragoon LeisureFit Competition Swim is required to join South Shore Swimming Club. This is a City of Melville requirement because of the strong links between training and competition that will benefit everyone involved. Although there was initially a 3-month grace period to join the club this period has now expired for most swimmers. **Please join the club by going to our website and going to the Join tab and then following the links.**

Membership is currently half price. Our registrar Mel Joy will be in contact with non-members in the near future to help them through the process or you may contact her on 0426 634 075.

Volunteer of the Month

This is becoming a habit (a good one though) – our President Debbie Doody has won Swimming WA's Volunteer of the Month award for the 2nd year running and will again go into the running for Volunteer of the Year. We all know how much Deb deserves this award, thanks so much Deb for all you do.

South Shore Swim Stars

We are in the Swim Stars final this Sunday 10 April, competing against All Saints, Central Aquatic and Guildford and Kalamunda. Please enter through Swimming WA's calendar as soon as possible. Entries to events will become limited or close should the number of entries start to exceed a reasonable finishing time - so get in early. We already have 20 entrants so join in the fun.



Butterfly trophy races

At the last club night of the year, the 25 Fly trophy was a straight final between Bailey Anderson, Isabella Russell, Summer Buckman and Shequia Mould, with **Isabella Russell** taking line honours. **Tremayne Mould** took out a very close final for the 50 Fly trophy against Milan Bazley, Georgia Anderson, Jessica Cooke and Declan Mould (who didn't necessarily finish in that order). In the 100 Fly final **Sean Beck** off scratch didn't even look like he was in danger of being overtaken by the other finalists Jemma Schofield, Isaac Ho, Mathew Beck and Cullen Dans, taking more than 10 seconds off his PB.

Club Championships

We had a huge turn out to Club Championships, with around 61 competitors. Well done to Jeremy and Rebecca on the desk, officials Martin, Sam, Mel and Kylie, coach Chris, President Deb and marshalls Lee and Carolyn and to all of our wonderful volunteer timekeepers for all your hard work. And thanks especially to all of our swimmers. Great job to all those who came along and made it such a fun afternoon. Placegetters will be presented with their trophies at the Summer Windup on 29 April. Well done to all of the dads who raced off for the prestigious Old Buffers Cup. Eight dads competed, with Tony Baker taking out the cup with Paul Eddison a close second, while Aldi Prinsloo took out the Powderpuff Shield against stiff opposition from Margot Seneque.

2016 Indian Ocean All Stars Challenge

Eleven South Shore swimmers competed at the Indian All-Stars meet over the Easter weekend at HBF Stadium: Milan Bazley, Jessica Cooke, Max Coten, Bella Dans, Jack Della-Marta, Thomas Dreverman, Isaac Ho, Shayla Hodzic, Georgia Mack, Jack Prigg and Ben Russell. They produced some outstanding swims, with 78 per cent of races personal best times. Georgia Mack won bronze in the 200 breast and several swimmers won medals in relay events for team Aussie including Thomas Dreverman, Ben Russell, Bella Dans, Jessica Cooke and Jack Prigg. Thanks to coach Chris who put in very long hours over the weekend and spurred the kids on to do their best.

South Shore Summer Wind-up

The South Shore Summer Wind-up will be held at 6.30pm **Friday 29 April at Swan Yacht Club**. **Please RSVP to Aldi ASAP (no later than 20 April)**. Tickets are \$50 per adult and \$25 per swimmer/child which includes a 3 course meal. A cash bar is available. Invitations have been emailed direct to members that includes payment options and mailed to Life Members.

Stevo

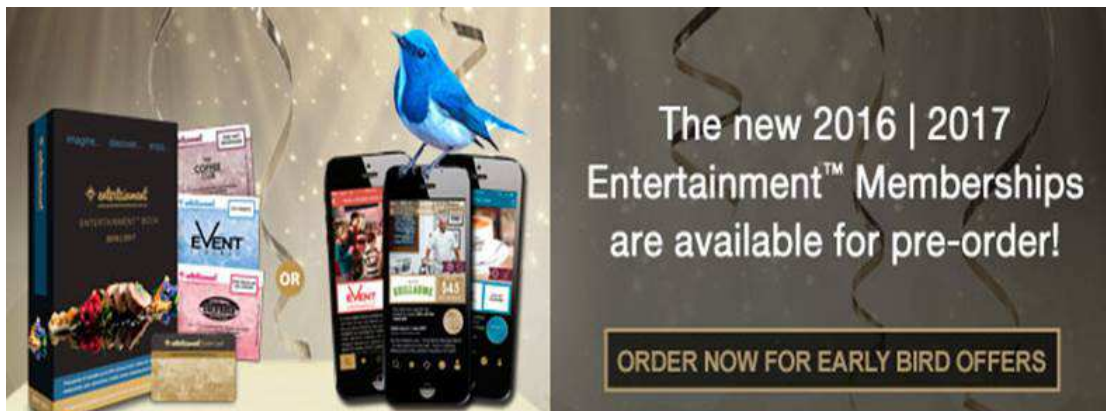
South Shore's very own world champion, Stephen Donovan, recently visited Bateman Primary School, Jack Della-Marta's school, to talk about his experiences in swimming. Jack and his school mates were lucky enough to see Stevo's hard-won Down Syndrome World Championship medals. Stevo, who is currently training for the World Down Syndrome Swimming Championships in Italy, was recently presented with his certificate at Government House Ballroom on 15 March 2016 for completing a course on Leadership Development. Well done Stevo, we are very proud, you just keep surprising us with greater achievements.





School swimming carnival round up

- South Shore swimmers achieved outstanding results at the **Bicton Primary School swimming carnival**. Congratulations to:
 Year 4 Champion Boy Declan Mould.
 Year 5 Champion Girl Lily Eddison
 Year 5 Runner Up Champion Girl Jess Fry
 Year 5 Champion Boy Harry Alliss
 Year 5 Runner Up Champion Boy Eben Prinsloo
 Year 6 Champion Girl Milan Bazley
 Year 6 Champion Boy Tremayne Mould.
- Cooper Pashby was Champion Boy for **Winthrop Primary School**.
- Matthew Gardner was Runner up Champion Boy Year 5 at **Applecross Primary School swimming carnival**
- **St Benedict's school swim carnival** Anthony Macri won Champion Boy Year 6, Sophia Covella was Runner up Champion Girl Year 6. Sasha Fitzgerald was Champion Girl for Year 5, her sister Lana won Champion Girl Year 4.
- At **Ardross Primary swimming carnival** Lucas Ho was Champion Boy Year 6, Joel Ellery Champion Boy Year 4, Jasmine Ellery was 3rd Year 6 Girl and Ebony McGuigan 3rd Year 4 Girl.



Entertainment Book

Our Entertainment Book fundraiser is coming out soon! This is a fantastic fundraiser with a discounted voucher book which can save you hundreds of \$\$\$ with the club earning 20% from each book sold! The price of \$65.00 remains the same however the value and vouchers keep growing! This year Bali discounts also feature in the Perth book! Get in early with your orders or take a look at some of the discounts and places on offer..... My book just paid for itself with the Rottneat Express ferry discounts! – Susie

Bunnings sausage sizzle on Anzac Day

We have a fundraiser on Anzac Day, a shorter day than usual as Bunnings doesn't open until noon but should be very busy, as people queue up before the doors open. We are looking for helpers on the day including for set up – please let Deb know if you are able to help out for an hour or two. Email deb@aft.net.au or sms 0417 965 906.

2016 Hancock Family Medical Foundation Junior LC Championships

South Shore Swimming Club has an incredibly strong junior list. If you only consider the 50m events for the four form strokes, we have nine junior swimmers who are ranked in the top ten (some in the top one or two) in their respective age groups for one or more events. They are Ellie Fry, Amelie Prinsloo, Shequia Mould, Ben Russell, Tremayne Mould, Declan Mould, Thomas Dreverman, Eben Prinsloo and Liam McGuigan. We are so proud of their talent, commitment and hard work and there are other South Shore juniors who are also vying for top ten positions. Wow, we can't wait for Junior States on Friday 15 to Sunday 17 April at HBF Stadium to see how well these kids can swim! We will keep everyone updated on Facebook, so keep an eye out.

LeisureFit Competition Swim

The club welcomes anyone interested in swimming as a sport or for fitness into the LeisureFit Competition Swim coaching program. New Head Coach Chris Twomey personally trains all squads from Bronze through to Nationals. For information about the program please go to www.southshore.swimming.org.au/page.php?id=9672 Please share or email this link to any friends who may be interested in joining. Strong junior swimmers able to swim continuously for an hour will be considered for enrolment in Bronze.

Dress for success

See Apparel Officer Kylie Baker for all your apparel needs.

Club polo shirts \$35

Club caps \$11

Club shorts \$25

South Shore HOODIES - ORDER NOW!

Hoodies will be available from CLUB NIGHT 1 -2nd May 2016.

- Please email Kylie the sizes that you require.
- Also email what name (optional) you would like on the back.
- Kids sizes 8-14 -\$50 (name optional & included);
- Adult sizes 16/XS-XL- \$55 (name optional & included)

If you haven't ordered one but would like to – please email Kylie ASAP at kylie.baker1@bigpond.com

Hanging out with Hannah

A visitor from Hong Kong, Hannah Tan, trained with the Booragoon LeisureFit Competition Swim Squad while in Perth on holiday. Hannah (between Coach Chris and Maddie) is 14 years old and currently swims in Hong Kong with the Hong Kong Island Stingrays. She is a friend of South Shore's Isaac Ho and has trained with club swimmers in previous years.

Save the date

- **Bunnings BBQ 25 April**
- **South Shore Summer Wind-up Friday 29 April**
- **Parent info night on coaching Friday 20 May**





Like us on Facebook

Why wait for *The Ssscoop* to come out to find out the latest South Shore news? 'Like' the Club's Facebook page and club updates will be posted to your Home page as soon as they happen.

Website

[**southshoreswimming.com.au**](http://southshoreswimming.com.au)