



## The Ssscoop

Issue 4 Summer 17 December 2014



### Open water swimmers qualify for nationals

Results for Open Water Round 4  
(State Open Water

Championships) are now up, and South Shore has a number of new national qualifiers: huge congratulations to Jayde Halvorson (5km and 10km). Caitlyn James (10km - she already had the 5km time), Jeremy Shaw (5km) and Mathew Beck (5km). So many others came agonisingly close, with Cullen Dans only 4 seconds over the time he needed, Katie McFarlane within 14 seconds, Sabrina Seitz



needing less than a minute and Will Gurr just over a minute. Caitlyn won Silver in the 10km 18 and over age group. Ben Brbich already had his 5km time and won Silver in under 16 with a personal best time of 1:02:00.60. Cullen won Bronze in under 17. In the non-championships events our swimmers also did well, with Taylor Baker winning Bronze in the 500m and coming 4th overall. Future open water star Max Coten, who has only just turned 11, achieved a 20 second PB in the 1.25km and we can't wait to see the times he will be swimming in a year or two, while Tony Baker also swam the 1.25km won Gold in the 50 plus age group. Bella Dans achieved a time of 41 minutes in her first attempt at the 2.5km. Our swimmers put in some incredible performances. Well done to all competitors. To those who got close, remember that in the salt water you will be more bouyant and all you need is some good conditions in the ocean and you will make your times.

## **Merry Christmas and Happy New Year to all of our swimmers**

The South Shore Committee would like to take this opportunity to wish all our swimmers peace, health and happiness over the festive season, with extra special wishes for some fast times at open water (for those still seeking national times) and the State Open and Age Championships.

## **Relays for senior swimmers competing at States**

Lee needs to submit relay entries by MONDAY 22 DECEMBER and will be away when entries are due so needs to submit them before Christmas. Please email Lee ASAP to let her know if you are competing at states and, if so, which relays you are available for (hopefully all of them!) If she doesn't hear from you, she will presume you are not interested in swimming relays and you won't be entered.

## **Moore River Camp**

Please mark the Labour Day weekend (Fri 27 Feb to Monday 2 March) in your diaries to keep it free for a fun-filled, sun-filled and fabulous weekend relaxing with your swimming friends and their families at Moore River for the club's annual camp. To call it a camp is to undersell the amenities and set-up, organized every year by the Bell family (and by the Favazzo and Mottram families before them). This 40 year tradition involves sleeping in tents and doing some minor roster duties such as washing up a couple of times. But there is fabulous food (bought by Monique and included in the \$90 charge per head), an extensive undercover kitchen with fridges and BBQs, boxes of fruit to munch on, the beach and river only a stone's throw away, and much much more including a talent quest and canoe races. Not to be missed! If you've never been before come along next year and see why the rest of us are addicted. Please give your expressions of interest to Monique at club nights. She will start accepting deposits in January.

## **Next Club night on Monday 5 January**

Our swimmers enjoyed the inflatable crocodile on the final club night of 2014 along with a special visit from Santa. See you back at club in 2015 on Monday 5 January. Please enter by 6.45pm for a 7.05pm start. The program will be:

**200 Freestyle**  
**Backstroke (25, 50, 100)**  
**Freestyle (25, 50, 100)**  
**Breaststroke (25, 50, 100)**  
**Butterfly (25, 50, 100)**

You can enter the night's events online from the club website. Bring a friend for 3 nights for free to see if they would like to join the club.

## **2014 Officials LC Pentathlon**

Well done to all of our swimmers at the LC Pentathlon on Saturday 6 December at HBF Stadium. South Shore had 24 swimmers, who collectively achieved 64 PBs from 114 swims. South Shore was the second highest achieving club at the meet based on the number of points. Many of our swimmers won impressive trophies including some of our younger swimmers. Results can be seen at [www.myswimresults.com.au/ResultsClubStats.aspx?MeetID=8549&ClubID=1383](http://www.myswimresults.com.au/ResultsClubStats.aspx?MeetID=8549&ClubID=1383).

# **FINE LINE Christmas Dance**



**Royal Australian Air Force Association**

**Bull Creek Drive, Bull Creek**

**Saturday, 20 December 2014**

**8.00 PM to 12.00 PM**

**\$15 entry**

**Fully licensed Bar at Club prices**

**Strictly NO BYO food or drinks**

## 2014 Sunsmart Christmas Challenge

South has 23 swimmers competing at this meet from Friday through Sunday: Milan Bazley, Mathew Beck, Sean Beck, Ben Brbich, Claire Coten, Max Coten, Bella Dans, Cullen Dans, Thomas Dreverman, Ellie Fry, Jayde Halvorson, Isaac Ho, Maddie Joy, Katie McFarlane, Katerina McKay, Tremayne Mould, Brooke Pensini, Amelie Prinsloo, Kathryn Raffelt, Lisa Saetang, Fin Schaper, Jemma Schofield and Sabrina Seitz. Good luck to all of our swimmers.



## New t-shirts for Open water swimmers

Kylie is looking at organising long sleeve polo tops especially for our ever-growing band of open water swimmers, to provide them with both warmth and sun protection, and is seeking expressions of interest from people who may like to order one. They should cost around \$35. Please email Kylie at [kylie.baker1@bigpond.com](mailto:kylie.baker1@bigpond.com) if you think you might like one.

## Dive & Try

Following last year's successful Dive & Try, South Shore will again be hosting a Dive & Try on Saturday 21 February 2015. Start spreading the word and please make yourself available to come along and help.

## Upcoming meets

**Please note that coaches will only attend Target meets. It is highly recommended that you do not enter non-Target meets unless discussed and agreed with your coach beforehand.**

### 2014 Sunsmart Christmas Challenge - Target

Friday 19 to Sunday 21 December 2014 at HBF Stadium

Online entries by 9.30pm by Tuesday 9 December

### SWA Rookie Swim Meet

Friday 9 January at HBF Stadium

Online entries by Monday 22 December

### 2015 State Open and Age LC Championships

Monday 19 Jan to Friday 23 Jan at HBF Stadium

Online entries to Tuesday 6 January

**All entrants must provide a helper to fulfill the duties allocated to the Club by Swimming WA (e.g. time-keeping, selling programs and refreshments). This generally only involves a 1 to 1.5 hour commitment per meet.**

## Dress for success

See Apparel Officer Blythe Maley for all your apparel needs. Look out for her on Friday afternoons and Saturday mornings in the black South Shore shirt.

**Club polo shirts \$34**

**Club caps \$11**

**Club shorts \$25**



## Like us on Facebook

Why wait for *The Ssscoop* to come out to find out the latest South Shore news? 'Like' the Club's Facebook page and club updates will be posted to your Home page as soon as they happen.

## Website

[southshoreswimming.com.au](http://southshoreswimming.com.au)