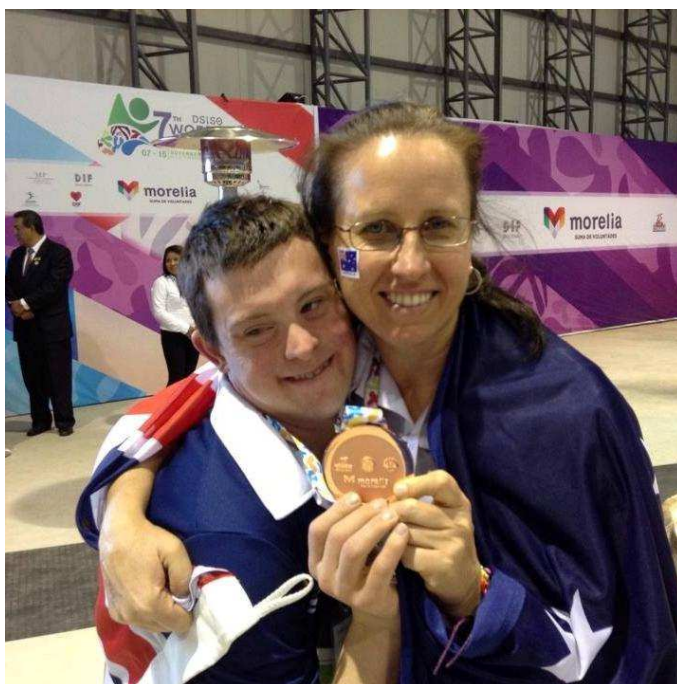




The Ssscoop Issue 3 Summer 2 December 2014

Stevo on top of the world in Mexico

One of South Shore's leading lights, Stephen Donovan, competed at the World Down Syndrome Championships at Morelia in Mexico in November and came home with a phenomenal number of medals. Stevo won Gold in the 400IM, Bronze in the 200m backstroke and Bronze in the 400 Free and Golds in the 4x100m medley relay and 4x50m medley relay. On the final day of competition Stevo got gastro on the day his pet event the 200 Fly. This amazing athlete somehow managed to pull himself together and turned up at the pool ready to swim. Disappointing for Stevo who had spent two years training for the gold and a world record but he showed his true grit by taking out

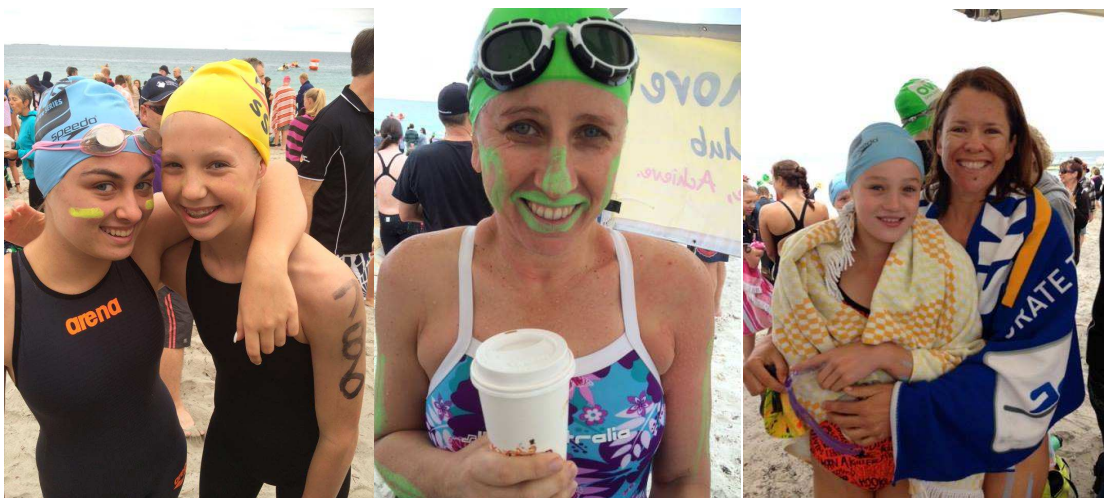


Silver despite being incredibly unwell. We are so proud of you Stevo! Australia led the medal tally all the way and won the competition. Even Kareena got in the medal action, winning Gold as a member of the relay team for the coaches.



New t-shirts for Open water swimmers

Kylie is looking at organising long sleeve polo tops especially for our ever-growing band of open water swimmers, to provide them with both warmth and sun protection, and is seeking expressions of interest from people who may like to order one. They should cost around \$35. Please email Kylie at kylie.baker1@bigpond.com if you think you might like one.



Open water series

Despite less than perfect weather conditions in Round 1 and 2 (read “terrible”, especially for City Beach), and stingers being out in force on Saturday for Round 3 at Coogee, our swimmers have persisted and South Shore has fielded record numbers of open water entrants in every swim so far this season.

Highlights from Round 2:

- Caitlyn James won gold in the Womens 18 and over 10km race with Jayde Halvorson 2nd and Sabrina Seitz 3rd in the Womens 17 and under in their first attempt over that distance.
- Mathew Beck swam brilliantly in his first 5km race and came 2nd in the Mens 14 and under. Maddie Joy also competed in the 5km for the first time.
- Will Gurr had a top 10 finish overall in the 2.5 km and came 4th in the Mens 17 and under, with Luke Taylor 5th.
- Kelly Rasmusen won Bronze the 18 and under age group of the 2.5km event.

Highlights from Round 3:

- Ben Brbich beat some fantastic national swimmers (some for the first time ever) in the difficult 17 and under age group for a bronze medal in the 5km, while Will Gurr and Jeremy Shaw got huge PBs.
- In the 500m, gold to Shannon Doody and Ryan Doody, silver to Ellie Fry, 4th Place to Taylor Baker and great first effort over this distance by Amelie Prinsloo. Thanks to chaperones Kareena Preston and Kerrie Stevenson.
- Silver to Tony Baker in the 1.25km race.
- Also in the 5km, Jayde Halvorson got a great PB to get within seconds of a National time, huge PBs to Sabrina Seitz & Katie McFarlane who swam & finished together, great PB to Madeline Joy and huge first swim for Daniella Auriemma.

See you at Club night this Monday December 8

Please enter by 6.45pm for a 7.05pm start. The program will be:

Butterfly (25, 50, 100)
Backstroke (25, 50, 100)
Freestyle (25, 50, 100)
Breaststroke (25, 50, 100)

There are lots of summer season trophies up for grabs. Check out the full summer season program on our website but please note it is subject to change. Bring a friend for 3 nights for free to see if they would like to join the club. You can enter online from the club website.

Dive & Try

Following last year's successful Dive & Try, South Shore will again be hosting a Dive & Try on Saturday 21 February 2015. Start spreading the word and please make yourself available to come along and help.

Rockingham Stingrays Summer Carnival

Ben Brbich, Claire Coten, Max Coten, Joshua D'Cruz, Thomas Dreverman, Ellie Fry, Jessica Fry, Katie McFarlane, Katerina McKay, Jack Prigg, Amelie Prinsloo and Jemma Schofield represented the Club at the Rockingham Stingrays Summer Carnival on 15 and 16 November at HBF Stadium. Producing some fabulous PBs were Ben Brbich, Claire Coten, Max Coten, Joshua D'Cruz, Thomas Dreverman, Ellie Fry (14 seconds in the 100 fly - wow), Katie McFarlane, Amelie Prinsloo and Jemma Schofield. Lots of medals too, for Thomas, Claire, Ellie, Katie, Amelie and Ben. Well done to all our competitors.

SSPW Junior LC meet.

Milan Bazley, Max Coten, Jessica Dymmott, Patric, Erkes, Thomas Erkes, Tremayne Mould, Amelie Prinsloo, Kathryn Raffelt and Ben Russell represented South Shore at the Southside Penrhos Wesley Junior LC Meet on Sunday 23 November at HBF Stadium. This was Milan, Patrick, Thomas, Tremayne and Ben's first SWA meet. Kathryn scored Gold in the Girls 10 years 50 Breast, Gold in the 100 breast and Silver in the 200 Breast! Amelie won Silver in the Girls 10 years 200 Back, Ben Russell won Silver in the Boys 8 years 50 Back and Bronze in the 50 Free. Max Coten received Gold for the Boys 11 years 50 breast. Milan placed 4th in the 50 Back and Tremayne 4th in the 50 breaststroke. Great efforts and results from our new up and comers.



Upcoming meets

Please note that coaches will only attend Target meets.

It is highly recommended that you do not enter non-Target meets unless discussed and agreed with your coach beforehand.

2014 Officials LC Pentathlon - Target

Saturday 6 December at HBF Stadium

Entries closed

2014 Victoria Park Christmas Carnival

Saturday 13 December at Aqualife Pool, Victoria Park

Online entries by 5pm Tuesday 2 December

2014 Sunsmart Christmas Challenge - Target

Friday 19 to Sunday 21 December 2014 at HBF Stadium

Online entries by 9.30pm by Tuesday 9 December

All entrants must provide a helper to fulfill the duties allocated to the Club by Swimming WA (e.g. time-keeping, selling programs and refreshments). This generally only involves a 1 to 1.5 hour commitment per meet.

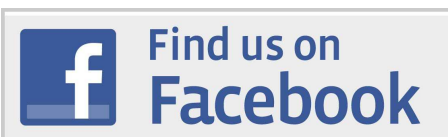
Dress for success

See Apparel Officer Blythe Maley for all your apparel needs. Look out for her on Friday afternoons and Saturday mornings in the black South Shore shirt.

Club polo shirts \$34

Club caps \$11

Club shorts \$25



Like us on Facebook

Why wait for *The Ssscoop* to come out to find out the latest South Shore news? 'Like' the Club's Facebook page and club updates will be posted to your Home page as soon as they happen.

Website

southshoreswimming.com.au