



The Ssscoop Issue 2 Winter 7 June 2015

*** Important reminder ***

Can everyone remember that club nights are run by volunteers and keep it fun for the kids and stress-free for the volunteers, without whom there would be no club and no racing. Please cooperate with our wonderful volunteers who are operating the computers and trying to keep the night running without hold ups for the other swimmers. We always try to accommodate all requests and rectify the errors that are sometimes made when entering events but this does not extend to stopping a big program just to rectify an issue for one child. Thanks also to all of our timekeepers, our referee, starter, marshalls and everyone who helps out at club nights.

Club night Monday June 8

The program will be:

Freestyle 400 – 4th leg open distance championships
Breaststroke (25, 50)
Backstroke (25, 50, 100)
Freestyle (25, 50, 100)

As the Freestyle will be Event 1 and we are likely to have a lot of entries (as this event is rarely offered on the club night program) could **everyone please enter online**. This will save our computer guru Jeremy a lot of time on the night and also mean that our younger swimmers could come a little bit later (at say 7.15pm) to minimized the time they need to wait around. Handicap trophies offered in the Winter season include the Finucane 100 Freestyle Trophy for 11/U, the Fremantle SC Life Members 200 Freestyle Trophy for 12/O, the Carey 100 IM Trophy for 11/U and the John Gorrige 200IM Trophy for 12/O. Remember than you have to have swum these events three times during the Winter season to qualify to race for the trophy.

Open Distance Championships

The Open Distance Champs is decided over six races during the winter season, with the first three legs, the 200 Breast, 100 Fly and 200 Free, being held over the first two winter club nights. Female points so far are: Jemma Schofield (30), Bella Dans (20), Ellie Fry (13), Shannon Doody (12), Maddie Joy (11), Rachel Bell (7) and Amelie Prinsloo (5). Male points are Cullen Dans (28), Jeremy Shaw (16), Mathew Beck (16), Ryan Doody (11), Oli Stenning (9), Sean Beck (6), Isaac Ho (5), Stephen Donovan (3), Tremayne Mould (3), Fin Schaper (2) and Thomas Dreverman (2). Trophies will be awarded to the first three placegetters.

Stevo wins prestigious award

South Shore legend Stephen Donovan has won the Presidents Award for the most outstanding performance at the State Championships as determined by the President of Swimming WA. Huge congratulations for a wonderful athlete and all-round nice guy.





Quiz Nite

Our Quiz Nite last weekend was a HUGE success, raising \$4000 towards our national fundraising effort. We all had a fun time! Thanks to Kylie Coten who was the main organiser for her months of work, quizmaster Kareena Preston, helpers Claire Coten, Jayde Halvorson and Taylor Baker, markers Paula Beck and Jeanne Ong and all of our swimmers who collected the prizes and all the local businesses who donated prizes.

Desperately seeking a new Treasurer

South Shore Swimming Club is looking for a new Treasurer as our current Treasurer Jo Brbich will be standing down on 30 June 2015. If anyone is interested in joining our wonderful Committee in this capacity they can get a great handover from Jo if they volunteer now. Please let Deb or Jo know if you are keen. Jo has been Treasurer for several years now and has done a wonderful job. Thanks so much Jo, you're a legend. Thanks very much also to the lovely Wendy McFarlane, who is standing down from the South Shore Committee, for her contribution to the club. Welcome to new committee members Shannon Doody and Cullen Dans, it is great to see two young swimmers getting involved in the club at an organisational level.



Vale Brett Powell

Deepest sympathy to friends and family of triathlete Brett Powell. Brett was a former Melville Swimming Club (one of the predecessor clubs of South Shore) member for around 10 years and passed away while competing in the Busselton Iron Man Competition on May 4 at the age of only 39. Brett's legacy as part of our historic club will not be forgotten.

Dress for success

See Apparel Officer Kylie Baker for all your apparel needs.

Club polo shirts \$34

Club caps \$11

Club shorts \$25

Entertainment books

Entertainment books contain over 2000 offers for up to 50% off and 2-for-1 at Perth's best restaurants, cafés, attractions, hotels, resorts, shopping and more that you can use whenever you like until 1 June 2016! For only \$65, you will have access to over \$20,000 worth of value. You only need use them twice for it to have paid for itself. PLUS 20% of each one we sell contributes to South Shore Swimming Club. Order at www.entertainmentbook.com.au/orderbooks/92189g Available as the printed Entertainment™ Book that comes with a Gold Card and vouchers, or the Entertainment™ Digital Membership that puts all the offers onto your smartphone!



Kimberley Short Course Championships

For the past six years, a group of swimmers from the Club has travelled to Broome to race at the Kimberley Short Course Championships. The tour is offered to prepare swimmers for the independence required to travel to larger meets such as National Championships. Club President Deb Doody would like expressions of interest from those who would like to go to Broome on the October school holidays. Remember, to be able to attend you:

- must be in Year 6 or turning 11 this year. No older than Year 12 or turning 17.
- must be in the Junior State, Senior State or National Squads.

We fly on Thursday 1 October and return on Monday 5 October, and will stay at the Habitat Resort. There are places for up to 16 swimmers, so please express your interest to deb@aft.net.au ASAP to secure a place. The cost will be around \$1200, which includes airfares, accommodation, food (all meals and snacks), bus hire, fuel, insurance and pool entry. You will also have to cover competition fees and any spending money for your child. This is a wonderful event and a great reward for all the training effort over the year.



Progress in appointing Head Coach

South Shore President Deb Doody and committee member Jeremy Beck have met with the City of Melville and Swimstrong Academy with the goal of working together to accelerate the appointment of a permanent Head Coach. In the meantime please continue to support Acting Head Coach Jacqui Tan, who is doing a wonderful job. Both the City of Melville and Swimstrong Academy have reiterated they are strongly behind the continuity of an elite swimming program. It has been agreed that a representative from the club will meet with applicants to provide feedback to Swimstrong.

New Privacy policy

Thanks very much to Committee member Sam Coten, who has drafted the club's Privacy Policy. Please take the time to peruse this on our website under Downloads at http://www.swimming.org.au/visageimages/clubs/SouthShore//Club_Documents/SSSC%20-%20Privacy%20Policy%20-%202023.05.2015.pdf

Breakfast 20 June

Swimmers are invited to attend a free breakfast after training on Saturday 10 June.

Upcoming meets

Please note that coaches will only attend Target meets. It is highly recommended that you do not enter non-Target meets unless discussed and agreed with your coach beforehand. All entrants must provide a helper to fulfill the duties allocated to the Club by Swimming WA (e.g. time-keeping, selling programs and refreshments). This generally only involves a 1 to 1.5 hour commitment per meet.

South Lake Dolphins SC Carnival 2015

Saturday 13 June 2015 at HBF Stadium
Entries closed

2015 Officials Group SC Pentathlon - Target

Sunday 14 June 2015 at HBF Stadium
Entries closed

2015 Western Sprint SC Extravaganza

Saturday 20 June 2015 at HBF Stadium
Online entries by Monday 8 June

2015 Lazars SC Blast

Saturday 27 June 2015 at HBF Stadium
Online entries by Saturday 20 June

2015 Breakers SC Big Splash - Target

Sunday 28 June 2015 at HBF Stadium
Online entries by Sunday 14 June

Meet matrix

With the winter season started, those swimmers and families wanting to get into competition swimming should look at the SWA tab on the south shore website. On there you will find information and entry information about the target meets that the club and coaches have targeted the training regime around. There is also a handy matrix showing each age group what events are available at each meet so you can plan your season ahead to get those elusive qualifying times ready for the winter state championships in September. Just print off the sheets relating to your age group. As always your coaches and hard working committee are always there to answer any questions. <http://southshore.swimming.org.au/page.php?id=8315>



Like us on Facebook

Why wait for *The Ssscoop* to come out to find out the latest South Shore news? 'Like' the Club's Facebook page and club updates will be posted to your Home page as soon as they happen.

Website

southshoreswimming.com.au