



Summer 2017-2018 Area Championships and 2018 Speedo Sprint Heats
Ulladulla Leisure Centre, 10-11 February 2018

Session 1: Saturday 10 February, 9:00am					Session 2: Saturday 10 February, not before 12:00pm				
M	W	Age	Distance	Stroke	M	W	Age	Distance	Stroke
1	2	14yrs/Under	400m	Freestyle	35	36	Open MC	50m	Breaststroke
3	4	15yrs/Over	400m	Freestyle	37	38	11/12yrs *	50m	Breaststroke
5	6	10yrs/Under *	50m	Freestyle	39	40	10yrs/Under *	50m	Breaststroke
7	8	11/12yrs *	50m	Freestyle	41	42	15yrs/Over	50m	Breaststroke
9	10	Open MC	50m	Freestyle	43	44	13/14yrs	50m	Breaststroke
11	12	13/14yrs	50m	Freestyle	45	46	12yrs/Under	200m	Freestyle
13	14	15yrs/Over	50m	Freestyle	47	48	10yrs/Under	100m	Butterfly
15	16	12yrs/Under	200m	IM	49	50	15yrs/Over	200m	Butterfly
17	18	13/14yrs	200m	Butterfly	51	52	13/14yrs	200m	Breaststroke
19	20	15yrs/Over	100m	Butterfly	53	54	Open MC	200m	IM
21	22	Open MC	100m	Freestyle	55	56	11/12yrs	100m	Backstroke
23	24	10yrs/Under	100m	Breaststroke	57	58	13/14yrs	200m	IM
25	26	11/12yrs	100m	Butterfly	59	60	15yrs/Over	100m	Freestyle
27	28	15yrs/Over	200m	Backstroke	61	62	12yrs/Under	200m	Butterfly
29	30	13/14yrs	100m	Breaststroke	63	64	13/14yrs	100m	Backstroke
31	32	Open MC	100m	Breaststroke	65	66	11yrs/Over	1500m	Freestyle
33	34	11yrs/Over	800m	Freestyle					
Session 3: Sunday 11 February, 9:00am					Session 4: Sunday 11 February, not before 12:00pm				
M	W	Age	Distance	Stroke	M	W	Age	Distance	Stroke
67	68	14yrs/Under	400m	IM	103	104	15yrs/Over	200m	Freestyle
69	70	15yrs/Over	400m	IM	105	106	13/14yrs	50m	Butterfly
71	72	Open MC	50m	Backstroke	107	108	11/12yrs *	50m	Butterfly
73	74	10yrs/Under *	50m	Backstroke	109	110	10yrs/Under *	50m	Butterfly
75	76	11/12yrs *	50m	Backstroke	111	112	Open MC	50m	Butterfly
77	78	13/14yrs	50m	Backstroke	113	114	15yrs/Over	50m	Butterfly
79	80	15yrs/Over	50m	Backstroke	115	116	13/14yrs	200m	Backstroke
81	82	10yrs/under	100m	Freestyle	117	118	12yrs/Under	200m	Breaststroke
83	84	11/12yrs	100m	Freestyle	119	120	Open MC	100m	Backstroke
85	86	13/14yrs	100m	Butterfly	121	122	15yrs/Over	100m	Backstroke
87	88	15yrs/Over	100m	Breaststroke	123	124	10yrs/Under	100m	Backstroke
89	90	Open MC	200m	Freestyle	125	126	13/14yrs	100m	Freestyle
91	92	12yrs/Under	200m	Backstroke	127	128	11/12yrs	100m	Breaststroke
93	94	13/14yrs	200m	Freestyle	129	130	15yrs/Over	200m	Breaststroke
95	96	15yrs/Over	200m	IM	131	132	11yrs/Under	4x50m	IM Relay
97	98	Open MC	100m	Butterfly	133	134	12yrs/Over	4x100m	Free Relay
99	100	11yrs/Under	4x50m	Free Relay					
101	102	12yrs/Over	4x100m	IM Relay					

Entries close 5pm Friday 2 February 2018.

*** Speedo Sprint Finalists (7-12 years age groups only) will be selected from results of these events.**



Summer 2017-2018 Area Championships and 2018 Speedo Sprint Heats

Ulladulla Leisure Centre, 10-11 February 2018

Qualifying Times

Men & Boys	15 yrs/over	14 yrs	13 yrs	12 yrs	11 yrs	10 yrs	9yrs/under
Freestyle							
50m	29:70	31:90	31:90	35:20	35:20	39:60	41:40
100m	1:06:94	1:10:88	1:14:70	1:19:09	1:21:68	1:27:75	1:33:60
200m	2:26:05	13-14 yrs 2:37:55		12/under 2:46:75			
400m	5:10:50	14/under 5:27:75					
800m	Open 11:12:75						
1500m	Open 20:07:50						
Backstroke							
50m	36:30	36:30	36:30	41:25	44:55	44:55	46:58
100m	1:18:75	1:21:00	1:24:37	1:31:46	1:34:50	1:38:44	1:45:00
200m	2:51:35	13-14 yrs 3:04:00		12/under 3:09.75			
Breaststroke							
50m	41:25	41:25	41:25	46:88	51:37	51:37	53:71
100m	1:32:25	1:35:63	1:41:25	1:47:44	1:50:93	1:55:87	2:03:60
200m	3:15:50	13-14 yrs 3:24:70		12/under 3:32.75			
Butterfly							
50m	34:65	34:65	34:65	39:38	42:46	42:46	44:39
100m	1:18:75	1:20:78	1:23:92	1:30:90	1:34:50	1:46:88	1:54:00
200m	2:51:36	13-14 yrs 3:05:72		12/under 3:21.25			
IM							
200m	2:52:50	13-14 yrs 2:59:40		12/under 3:10:90			
400m	5:56:50	14/under 6:08:00					
Women & Girls							
	15 yrs/over	14 yrs	13 yrs	12 yrs	11 yrs	10 yrs/under	
Freestyle							
50m	33:55	34:10	34:10	37:40	37:40	40:70	42:55
100m	1:13:69	1:16:28	1:17:63	1:21:45	1:22:80	1:27:75	1:33:60
200m	2:37:55	13-14 yrs 2:44:45		12/under 2:50:20			
400m	5:31:20	14/under 5:45:00					
800m	Open 11:12:75						
1500m	Open 20:07:50						
Backstroke							
50m	39:05	39:05	39:05	44:38	45:10	45:10	47:15
100m	1:24:94	1:26:40	1:26:96	1:32:81	1:35:06	1:40:12	1:46:80
200m	3:01:70	13-14 yrs 3:05:72		12/under 3:15:50			
Breaststroke							
50m	45:10	45:10	45:10	51:25	53:24	53:24	55:66
100m	1:39:00	1:40:12	1:41:25	1:45:19	1:48:00	1:55:87	2:03:60
200m	3:25:85	13-14 yrs 3:33:90		12/under 3:44:25			
Butterfly							
50m	37:40	37:40	37:40	42:50	42:46	42:46	44:39
100m	1:24:37	1:24:60	1:25:50	1:32:25	1:35:63	1:46:88	1:54:00
200m	3:04:00	13-14 yrs 3:09:75		12/under 3:27:00			
Individual							
200m	3:01:70	13-14 yrs 3:05:15		12/under 3:14:35			
400m	6:16:32	14/under 6:31:00					

Area Championship Entrants: Qualifying times apply to all events except Open Multi Class (MC) events.

Entry times (long or short course) must have been swum at a Swimming NSW approved meet since 1 January 2017.

Speedo Sprint Heat Entrants: Qualifying times do not apply.



Summer 2017-2018 Area Championships and 2018 Speedo Sprint Heats
Ulladulla Leisure Centre, 10-11 February 2018

**Conditions of
Entry**

1. Meet is approved by the South Eastern Swimming Association (SESA) and Swimming NSW.
2. Meet will be conducted under the rules of Swimming Australia and Swimming NSW.
3. Results will be submitted to Swimming NSW and uploaded to the National Results Database.
4. Events will be conducted as timed finals. Events may be conducted as mixed-gender.
5. Entries close 5:00pm Friday 2 February 2018. Late entries will not be accepted.
6. Entry fee \$6.00 per individual event, \$20.00 per relay

team. Entries online

Enquiries: Sue Worthington/Joe Gerada southeasternswimming@gmail.com

7. The Meet director reserves the right to amend the program and conditions of entry as required.
8. Age as at 10 February 2018.

9. Individual events:

Eligibility: Swimmers may compete in an event if they have met the qualifying times and qualifying criteria of participation in at least one SESA meet since 1 October 2017. Entry times must have been swum since **1 January 2017** at an approved Swimming NSW meet. Long or Short course times will be accepted. Swimmers entering using a Short Course time will be entered on the Qualifying Time for that event. All Club Race Secretaries should ensure that SESA Rules are adhered to for the Area Championships.

Awards: Medals will be presented to First, Second and Third place getters in 50m and 100m events in the age groups: 8 years/under, 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 15 years, 16 years, 17 years/over, and Open Multi Class. Medals will be presented to First, Second and Third place getters only in 200m, 400m, 800m, and 1500m events. Certificates shall be awarded in all events for up to Seventh place.

Points and Age Champions: Points will be awarded to swimmers as per SESA By-law 31 *South Eastern Swimming Association Premiership*. Age Champions will be decided by points accrued in Age events and any Open events that have not been duplicated in Age events. Age groups consist of 8 years/under, 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 15 years, 16 years,

17 years/over, and Open Multi Class, and will be awarded to both male and female winners.

Club Premiership: Awarded to the SESA club that accumulates the highest number of points from individual events only.

10. Relay events:

Eligibility: Relay competitors must have met the qualifying criteria of participation in at least one SESA meet since 1 October 2018 to be included in a club relay team.

Teams: There is no restriction on the number of teams a club may enter in a relay event; however, teams must meet the rules in SESA By-Law 29 *Relay Events* which permit (i) a maximum of one swimmer from a younger age group may participate in a team and (ii) a swimmer may only appear in one relay team list.

Awards: Medals will be presented to First, Second and Third place teams.

Points and Relay Champions: The top two placed teams from each club in each relay event will be awarded points as per SESA By-law 31 *South Eastern Swimming Association Premiership*.



Summer 2017-2018 Area Championships and 2018 Speedo Sprint Heats

Ulladulla Leisure Centre, 10-11 February 2018

Relay Premiership: Awarded to the SESA club that accumulates the highest number of points from relay events only.

11. Swimmers aged 8-13 years that enter the Area Championship 50m events (see Clause 13) will be automatically entered into the Speedo Sprint Heats and will be considered for selection for the Speedo Sprint Finals.

2018 SESA Speedo Sprint Heats Conditions of Entry

12. The SESA Speedo Heats are conducted in conjunction with the Area Championships.
13. The Speedo Sprint events are 50m Freestyle, 50m Backstroke, 50m Breaststroke and 50m Butterfly in the age groups 7 years, 8 years, 9 years, 10 years, 11 years and 12 years.
14. For selection in the SESA Speedo Team to contest the Speedo Sprint Finals a competitor's age will be **2 February 2018**. Please note competitors will swim the Heat event in their age group as per Clause 8.
15. The first **four** competitors in each age group will be eligible to contest the Speedo Sprint Finals to be held at SOPAC on **Saturday 10 March 2018**.

Area relays will be conducted on the Finals day with relay teams selected from those swimmers who have qualified for the Finals.

16. State medal winners in the 2017-2018 Summer season are ineligible for selection for the Speedo Finals in that stroke. State medals winners are eligible to contest the Area Championships.
17. Swimmers are not required to meet the qualifying times or criteria in Clause 9 to enter the Speedo Heats.
18. Swimmers do not need to be registered with a club to compete in the Heats. However registration is a requirement to contest the Finals.