



PINE RIVERS COMMUNITY AQUATICS CLUB

Swimming Calendar 2017 - 2018



DATE							BREASTSTROKE			BACKSTROKE			BUTTERFLY			I.M.	
2016/2017		25	50	100	200	400	25	50	100	25	50	100	25	50	100	100	200
October		'COME & TRY' CLUB NIGHT OPEN TO MEMBERS & PUBLIC (EVENTS BELOW) POINTS AWARDED															
Fri	6-Oct	☞	☞	🏊			☞	☞		☞	☞	🏊	☞	☞		🏊	🏊
Sat-Sun	8-9 Oct	Rackley Preparation Meet															
Fri	13-Oct	☞	☞		🏊		☞	☞	🏊	☞	☞		☞	☞	🏊		
Sun	15-Oct	PRCAC SWIMMING BOOTCAMP FOR SQUAD LEVEL SWIMMERS															
Fri	20-Oct	☞	☞			☞	☞			☞	☞		200	☞	☞		
Fri	27-Oct	☞	☞				☞	☞	200	☞	☞			☞	☞	🏊	400
Sun	29-Oct	WATER SAFETY AWARENESS FOR 4-7 YEAR OLDS															
November																	
Fri	3-Nov	☞	☞	🏊			☞	☞		☞	☞		☞	☞	200		
Sun	5-Nov	BEYOND THE BLACK LINE PROGRAM FOR GIRLS 13-18 YEARS															
Fri	10-Nov	☞	☞		🏊		☞	☞	🏊	☞		🏊	☞	☞			
Sun	12-Nov	PRCAC JUNIOR SPRINT MEET															
Fri	17-Nov	☞	☞	🏊		☞	☞			☞	☞	🏊	☞	☞		🏊	🏊
Sat-Sun	18-19 Nov	Lawnton Preparation Meet															
Fri	24-Nov	☞	☞			800	☞	☞	🏊	☞	☞		☞	☞	🏊		
December																	
Fri	1-Dec	CLUB 25M SPRINT CHAMPIONSHIPS															
Fri	8-Dec	FUN NIGHT															
Mon-Tues	11-12 Dec	JUNIOR LIFE SAVING COURSE															
January																	
	20-21 Jan	Albany Creek Preparation Meet															
February																	
Fri	2-Feb	☞	☞	🏊			☞	☞		☞	☞	🏊	☞	☞		🏊	🏊
Sat-Sun	3-4 Feb	Brisbane Sprint Championships															
Fri	9-Feb	☞	☞		🏊		☞	☞	🏊	☞	☞		☞	☞	🏊		
Sat-Sun	10-11 Feb	Nudgee Preparation Meet															
Fri	16-Feb	☞	☞		☞		☞	☞		☞	☞	200	☞	☞			
Sat-Sun	17-18 Feb	Queensland Sprint Championships															
Fri	23-Feb	☞	☞				☞	☞	200	☞	☞		☞	☞		🏊	🏊
March																	
Fri	2-Mar	☞	☞	🏊			☞	☞		☞	☞		☞	☞	🏊		400
Sat	3-Mar	MARK GRIFFITHS TWILIGHT MEET															
Fri	9-Mar	☞	☞		🏊		☞	☞		☞	☞	🏊	☞	☞			
Sat-Sun	10-11 Mar	Junior Metropolitan Championships															
Fri	16-Mar	☞	☞		🏊		☞	☞	🏊	☞	☞		☞	☞			
Sun	18-Mar	PINE RIVERS COMMUNITY A 35TH YEAR REUNION - PAST & PRESENT MEMBERS WELCOME!															
Fri	23-Mar	CLUB CHAMPIONSHIPS FULL SESSION															
Sun	25-Mar	CLUB CHAMPIONSHIPS FULL SESSION															
April																	
Sat	21-Apr	TROPHY NIGHT - PRESENTATION & FREE SWIM															
☞	Club Events																
🏊	Pinetathlon Events																
🏊	Club Championship Event - medals and regular points will be awarded																
800	Endurance Events																
A Grade Meets are now called Preparation Meets. Clubs can only compete at Preparation Meets to been allocated by Brisbane Swimming.																	
This program is correct as at time of printing, but may be subject to amendment as circumstances arise.																	

Turn over for event details

Dates to Remember



Pine Rivers Community Aquatics Club hosts special events during the season to provide opportunities for our swimmers improve their skills, enhance their enjoyment of swimming and experience success.

Date	Event
Friday 6 October 2017	“Come and Try” Club Night This is a special Club Night for potential Club members to “try out” a Club Night. Club members are encouraged to bring a friend so they can experience Club Night fun for themselves. This is also a regular Club Night for members and points will be awarded.
Sunday 15 October 2017	Swimming Skills Bootcamp Squad swimmers from our Club and other Clubs are invited to participate in a skills workshop run by Olympic level swimmers and our Club Coach. This is a free event open to swimmers who train in a squad (skills squad or higher). Limited places available.
Sunday 29 October 2017	Water Safety Awareness for 4-7 Year Olds Join us for an afternoon of fun learning about water safety with Royal Lifesaving Queensland. This is a free event for 4-7 year olds and their parents.
Sunday 5 November 2017	Beyond the Black Line for 13-18 Year Old Girls This program is sees current and retired Australian Dolphins engaging younger members of the swimming community about real issues effecting everyone today. Topics include dealing with race anxiety, body image, dealing with disappointment, communication, physical vs psychological development, and leading a balanced life. Swimmers from other club and athletes from other sports are welcome to attend. Limited places available.
Sunday 12 November 2017	Pine Rivers Junior Sprint Meet We’re inviting other Swim Clubs and Swim Schools to compete in this carnival which will include 25m sprints and novelty events for children 12 and under. This is a good opportunity for newer swimmers to experience competitive racing and get some practice for the Sprint Championships.
Friday 1 December 2017	Sprint Championships Age races for each stroke will be held over 25 metres. Place getters will be awarded ribbons. The overall winner of each age group will receive a trophy.
Friday 8 December 2017	Fun Night Join us for a night of fun and novelty races. Parents are welcome to join in the races or relax in the pool.
Christmas Holidays	Vacation Swim Program Depending on interest, swimming lessons and squad training will be offered.
Saturday 17 February 2018	Mark Griffiths Twilight Meet This is a fun carnival that all swimmers are encouraged to participate in. Electric Eels (Zillmere), Redcliffe Leagues Swimming Club and Dayboro Dolphins will compete against us for the Mark Griffiths Memorial Shield. Named in honour of the late Mark Griffiths – past swimmer, coach and water polo player; Mark and his family were founding members of our swimming Club and were an integral part of the Club for many years. Mark’s father, Bob Griffiths, is a Life Member and former Club President.
Sunday 18th March 2018	Pine Rivers Community Aquatics Club’s 35th Year Reunion All current and past members are most welcome to join us for this important milestone. If you know past members, please ask them to save the date.
Friday/Sunday 23 & 25 March 2018	Club Championships Held over 2 sessions, this is the highlight of the Club’s swim season. Medals are awarded to the top three place getters in each age group. Refer to Club Handbook for more information.
Saturday 21 April 2018	Trophy Presentation and Breakup This event is the culmination of the season’s efforts. Many swimmers are rewarded for consistent effort throughout the season, with most awards based on points for improvement, rather than fastest times. Each swimmer receives an award. After the presentation, we celebrate in true Club style with family oriented fun. Refer to Club Handbook for more information about awards and trophies.