

W18-2

Parramatta City Swim Club Winter 2018 Saturday Race Program

Rev 2
Jun 2018

www.parracityswimclub.com.au

Entries in box by 6 pm Thursday or 7 pm Thursday night by phone to Club Hotline / Bruce Horlyck (0432 852 242) or Wendy Wood (9688 3367)
Late Entries 1 point/race -- in by 7.30 am Saturday
Withdrawals Please notify Race Committee by 7.35 am Saturday

Date	Distances	Remarks
5 May	100, 50, 25 All Strokes	Enter on the day
12 May	200 any 50, 25 All Strokes	
19 May	100, 50, 25 All Strokes	General Meeting
26 May	400 IM/Free ¹ 50, 25 All Strokes	
2 Jun	200 any 50, 25 All Strokes	
9 Jun	100, 50, 25 All Strokes	
11 Jun	BBQ & Cake Stall – Bunnings Rydalmere	
16 Jun	200 any 50, 25 All Strokes	Annual General Meeting
17 Jun	Summer Presentation – George Kendall Reserve Ermington	
23 Jun	100, 50, 25 All Strokes	
30 Jun	400 IM/Free ¹ 50, 25 All Strokes	Gym Session 8.30-9.30
7 Jul	100, 50, 25 All Strokes	
14 Jul	800 Free ² 50, 25 All Strokes	7:20am start for 800m race
21 Jul	100, 50, 25 All Strokes	General Meeting
28 Jul	50 Back, 100 Free, 50 Fly(Breast) ³ Handicaps or 25m ⁴	
4 Aug	50 Back, 100 Breast, 50 Free Handicaps or 25m ⁴	
11 Aug	50 Breast, 100 Free, 50 Back Handicaps or 25m ⁴	
18 Aug	50 Free, 100 Breast, 50 Back Handicaps or 25m ⁴	General Meeting
25 Aug	50 Free, 100 Back, 50 Fly(Breast) ³ Handicaps or 25m ⁴	
26 Aug	Parramatta City Carnival – Granville Pool TBC	
1 Sept	Back, 100 Free, 50 Breast Handicaps or 25m ⁴	
8 Sept	50 Free, 100 Breast, 50 Fly(Back) ³ Handicaps or 25m ⁴	
15 Sept	50 Breast, 100 Back, 50 Free Handicaps or 25m ⁴	General Meeting
22 Sept	50 Back, 50 Breast Handicaps or 25m ⁴ , Handicap Relay	
29 Sept	October School Holiday Break	
6 Oct		
13 Oct		

¹ Maximum of 15 swimmers for 400m races

² Maximum of 10 swimmers for 800m races

³ See over for when butterfly must be swum

⁴ See over for when 25m must be swum rather than 50m or 100m Handicap

Handicap Races

- Times for handicap events will be a swimmers best time since the start of the last winter season (ie 29 April 17)
- If a swimmer has not completed a 50 Butterfly since above date, they may swim the alternative stroke shown in brackets.
- For Handicap races, swimmers must do 25m rather than 50m or 100m of a stroke if they are slower than the following.

	Swim 25m rather than 100m	Swim 25m rather than 50m
Free	1:20:00 for 50m Free	40:00 for 25m Free
Breast	1:30:00 for 50m Breast	45:00 for 25m Breast
Back	1:25:00 for 50m Back	40:00 for 25m Back
Fly		40:00 for 25m Fly

- The complete set of rules for Handicap Events can be found in the Club's Race Rules

Qualifying Times for graded races

Distance	800m	400m	200m	100m	50m
Medley		4:30:00 for 200m IM			
Free	7:30:00 for 400m Free	3:50:00 for 200m Free	1:50:00 for 100m Free	1:10:00 for 50m Free	40:00 for 25m Free
Breast			2:15:00 for 100m Breast	1:15:00 for 50m Breast	45:00 for 25m Breast
Back			2:10:00 for 100m Back	1:10:00 for 50m Back	40:00 for 25m Back
Fly			2:10:00 for 100m Fly	1:10:00 for 50m Fly	40:00 for 25m Fly

Only one 200m or 400m swim per day.

Note: Qualifying times do not apply for championships

Swimming Metro North West Carnivals

Winter Championships	10 - 11 June	Homebush
Summer Development	TBC	

NSW Winter Championships

NSW Metrops	20 - 22 July	Homebush
NSW State Age 13/Over	24 - 26 Aug	Homebush
NSW State Age 12/ Under	8 - 9 Sept	Homebush
NSW MC Meet #2	2 June	Blacktown
NSW MC Meet #3	11 Aug	Ryde
NSW MC Champs	20 Oct	Homebush

NSW School Holidays

Monday 16 April 2018	to	Friday 27 April 2018
Monday 9 July 2018	to	Friday 20 July 2018
Monday 1 October 2018	to	Friday 12 October 2018
Monday 24 December 2018	to	Monday 28 January 2019

NSW Important Dates

Anzac Day	Wednesday 25 April 2018
Mothers Day	Sunday 13 May 2018
Queens Birthday	Monday 11 June 2018
Fathers Day	Sunday 2 September 2018
Labour Day	Monday 1 October 2018