



NSW Country Regional Meets

Armidale, Eden and Wagga Wagga

26 - 27 January 2019

ELIGIBILITY TO SWIM

Open to all affiliated members of NSW Country Clubs. Any swimmer who has won a medal in any State Championship (Country, State Age or State Open) in either Summer or Winter from the 1st February 2018 may enter but they are **INELIGIBLE TO RECEIVE A MEDAL in that stroke/s in the All Age Events at the Regional Meets.**

Indication by these medallists at the time of entry is requested.

Members of NSW Metropolitan Clubs are able to enter these meets; however, they will be classed as visitors and will be ineligible to receive a medal in any event.

Day One Saturday 26 January, 2019				
Session One - 10:00am				
1	M	11yrs & O	400m	Individual Medley
2	W	11yrs & O	400m	Individual Medley
3	M	All Age	200m	Freestyle
4	W	All Age	200m	Freestyle
5	M	All Age	200m	Breaststroke
6	W	All Age	200m	Breaststroke
7	M	MC	100m	Freestyle
8	W	MC	100m	Freestyle
9	M	All Age	100m	Backstroke
10	W	All Age	100m	Backstroke
11	M	All Age	50m	Butterfly
12	W	All Age	50m	Butterfly
13	M	12yrs & O	1500m	Freestyle
14	W	12yrs & O	1500m	Freestyle
15	M	All Age	200m	Butterfly
16	W	All Age	200m	Butterfly
17	M	MC	50m	Butterfly
18	W	MC	50m	Butterfly
19	M	All Age	100m	Freestyle
20	W	All Age	100m	Freestyle

Day Two Sunday 27 January, 2019				
Session Two - 9:00am				
21	M	11yrs & O	800m	Freestyle
22	W	11yrs & O	800m	Freestyle
23	M	All Age	50m	Breaststroke
24	W	All Age	50m	Breaststroke
25	M	MC	50m	Freestyle
26	W	MC	50m	Freestyle
27	M	All Age	100m	Butterfly
28	W	All Age	100m	Butterfly
29	M	11yrs & O	400m	Freestyle
30	W	11yrs & O	400m	Freestyle
31	M	All Age	50m	Backstroke
32	W	All Age	50m	Backstroke
33	M	MC	50m	Backstroke
34	W	MC	50m	Backstroke
35	M	All Age	100m	Breaststroke
36	W	All Age	100m	Breaststroke
37	M	All Age	200m	Individual Medley
38	W	All Age	200m	Individual Medley
39	M	All Age	50m	Freestyle
40	W	All Age	50m	Freestyle
41	M	MC	50m	Breaststroke
42	W	MC	50m	Breaststroke
43	M	All Age	200m	Backstroke
44	W	All Age	200m	Backstroke

AGE AS AT 26 JANUARY 2019

ENTRIES CLOSE 5PM TUESDAY 15 JANUARY 2019

ENTRY FEE \$8.00 PER INDIVIDUAL EVENT (GST INCLUSIVE)

NOTE: All events will be swum as timed finals. The all age events will be swum with all age groups combined with the slowest heat first.



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No entry qualifying times are applicable except for the events listed in the table below. 800m & 1500m Freestyle entry times must be times achieved in a 400m Freestyle Event.

Qualifying Times	Male	Female
All Age 200m Freestyle	2:40.00	2:50.00
All Age 400m Freestyle	5:30.00	5:50.00
All Age 800m Freestyle	Use 400m QT for these events	
All Age 1500m Freestyle		
All Age 200m Backstroke	3:00.00	3:10.00
All Age 200m Breaststroke	3:20.00	3:35.00
All Age 200m Butterfly	3:00.00	3:10.00
All Age 200m Individual Medley	3:10.00	3:15.00
All Age 400m Individual Medley	6:30.00	6:40.00

AGE AS AT 26 JANUARY 2019

ENTRIES CLOSE 5PM TUESDAY 15 JANUARY 2019

ENTRY FEE \$8.00 PER INDIVIDUAL EVENT (GST INCLUSIVE)

NOTE:

- The Online Meet Entry system will “let you” enter the 800m & 1500m events even if you do not have a 400m Freestyle time. Do not enter anyway as all entry times will be checked and any swimmer who fails to have the correct qualifying time as state above will be withdrawn and **no refund will be given**
- Following the completion of each all age event, medals will be awarded to the first 3 place-getters in each of the following age groups:
9 years & under, 10 years, 11 years, 12 years, 13 years, 14 years and 15 years & over
- For events 1 & 2 and 29 & 30, medals will be awarded to the first 3 place-getters in the following age groups:
11 years, 12 years, 13 years, 14 years and 15 years & over
- For events 13 & 14, medals will be awarded to the first 3 place-getters in the following age groups:
12-14 Years & 15 & over
- For events 21 & 22, medals will be awarded to the first 3 place-getters in the following age groups:
11-14 Years & 15 & over
- For the MC events, medals will be awarded to the first 3 place-getters in the following age groups:
12 years & under, 13-14 years and 15 years & over