



Swimming New England & North West

2019 Speedo Sprints Series Heats

Saturday 9th February 2019

Manilla Memorial Pool, Arthur Street, Manilla

Warm Up 8am Start 9.00am (or as soon as possible after 1500m of area champs)

BOYS	GIRLS	AGE		STROKE
1	2	13 years	50m	Freestyle
3	4	12 years	50m	Freestyle
5	6	11 years	50m	Freestyle
7	8	10 years	50m	Freestyle
9	10	9 years	50m	Freestyle
11	12	8 years	50m	Freestyle
13	14	13 years	50m	Breaststroke
15	16	12 years	50m	Breaststroke
17	18	11 years	50m	Breaststroke
19	20	10 years	50m	Breaststroke
21	22	9 years	50m	Breaststroke
23	24	8 years	50m	Breaststroke
33	34	13 years	50m	Backstroke
35	36	12 years	50m	Backstroke
37	38	11 years	50m	Backstroke
39	40	10 years	50m	Backstroke
41	42	9 years	50m	Backstroke
43	44	8 years	50m	Backstroke
45	46	13 years	50m	Butterfly
47	48	12 years	50m	Butterfly
49	50	11 years	50m	Butterfly
51	52	10 years	50m	Butterfly
53	54	9 years	50m	Butterfly
55	56	8 years	50m	Butterfly

1. Meet Conducted under the rules of Swimming NSW Ltd.
2. NO LATE ENTRIES ACCEPTED UNDER ANY CIRCUMSTANCES AND NO ENTRIES WILL BE ACCEPTED ON THE DAY
3. Entry fee per event: \$5.00 . A \$2.00 fee will be charged for each swimmer for an electronic program, which can be downloaded and printed from the Area website.
4. ONLINE ENTRIES ONLY via the Swimming NE&NW website
www.newenglandnswswimming.org.au under the Competitions tab
5. Pool entry fee will apply.
6. Entries close: 5.00pm SHARP, 1st February 2019.
7. Age as at 2nd February 2019.
8. Any Swimmer who has qualified for the 2019 National Age Championships (excluding MC & Open Water) is ineligible to compete in the Series
9. Any Swimmer who wins a medal in an individual event at the 2018 SNSW Senior State Age Championships is ineligible to compete in the stroke in which they won the medal
10. Swimmers do not need to be registered with a club to compete in the heats. However, registration is a requirement to contest the finals
11. Up to four (4) swimmers per event from each area are eligible to compete in the finals
12. Finals will be on Saturday 9th March, 2019 at SOPAC.
13. Enquiries to: Rozina Mison swimmingnenwregistrar@gmail.com or phoning 0413057376 after hours.
14. Note: Area relays (Events 25-32) will be conducted on the finals day, thus omitted from the Heats program Relay teams to be selected from those swimmers who have qualified for the finals
15. You must let Rozina Mison know before the end of the meet if you are or are not attending the finals in Sydney on 12/3/17.