



Website: [www.mountainsandplainsnsw.swimming.org.au](http://www.mountainsandplainsnsw.swimming.org.au)

**AREA WINTER CHAMPIONSHIPS 2018**

**SATURDAY 16TH AND SUNDAY 17TH JUNE 2018**

**ORANGE AQUATIC CENTRE CNR OF HILL & WARRENDINE STREETS**

**SATURDAY POOL IS AVAILABLE FOR WARM UP FROM 2.00PM, START 3.00PM**

**SUNDAY POOL OPENS 7.30AM WARM UP FROM 8.00AM FIRST EVENT STARTS 9.00AM**

**ENTRIES WILL ONLY BE ACCEPTED ON LINE THROUGH THE MPS WEBSITE.**

**CONTACT JO KEOWN [jkeown@kws.nsw.edu.au](mailto:jkeown@kws.nsw.edu.au)**

**CLOSING DATE FOR ENTRIES FRIDAY, 10:00PM, 8<sup>TH</sup> JUNE, 2018**

<b>Session 1 – Saturday Afternoon</b>					
Boys	Girls	Age	Distance	Event	QT
1	2	Open	400	IM	6:30.00
3	4	Open	200	Breaststroke	4:00.00
5	6	Open	200	Butterfly	4:00.00
7	8	Open	200	Backstroke	4:00.00
9	10	Open	800	Freestyle	12:00.00
<b>Session 2 – Sunday Morning</b>					
11	12	Open	200	Freestyle	4:00.00
13	14	9/Under	25	Backstroke	NT
15	16	All Age	50	Backstroke	NT
17	18	MC	50	Backstroke	NT
19	20	All Age	100	Freestyle	2:30.00
21	22	11/Under	100	IM	NT
23	24	Open	200	Medley Relay	NT
25	26	9/Under	25	Breaststroke	NT
27	28	All Age	50	Breaststroke	NT
29	30	MC	50	Breaststroke	NT
31	32	All Age	100	Butterfly	3:00.00
33	34	Open	400	Freestyle	6:00.00
35	36	10/Under	200	Medley Relay	NT
37	38	12/Under	200	Medley Relay	NT
<b>Session 3 – Sunday Afternoon</b>					
39	40	9/Under	25	Butterfly	NT
41	42	All Age	50	Butterfly	NT
43	44	MC	50	Butterfly	NT
45	46	12/over	200	IM	4:00.00
47	48	10/Under	200	Free Relay	NT
49	50	12/Under	200	Free Relay	NT
51	52	Open	200	Free Relay	NT
53	54	All Age	100	Breaststroke	3:00.00
55	56	9/Under	25	Freestyle	NT
57	58	All Age	50	Freestyle	NT
59	60	MC	50	Freestyle	NT
61	62	All Age	100	Backstroke	3:00.00
63	64	Open	1500	Freestyle	25:00.00

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1. Entries are via the online system through the MPS web site. You will need your Swimming NSW username and password to enter please contact your registrar if you do not have this information.
2. Entries \$5.00 per event. Relays \$10.00 per team.
3. Bank Details for relay entries only: BSB: 062-587 Account Number: 1043-2009, Account Name: Mountains and Plains Swimming Association.
4. Entry times must have been achieved in the preceding 12 months from the date of the carnival.
5. NT will not be accepted for an event that has a qualifying time.
6. You may enter 400m Freestyle, 800m Freestyle, 1500m Freestyle and 400m Individual Medley events using the alternative 200m or 400m time as follows 200m 3.00.00, 400m 6.00.00. Please email the Jo Keown with your requested event(s) with alternative qualifying time. Entries using alternative times will be entered and seeded using the QT for that event.
7. 25m events are non-championship events. Participation ribbons and certificates will be awarded to all entrants. No placings will be awarded. These events are 9 years and under.
8. Entrants in 25m events may not swim in the 50m event in the same stroke.
9. Multiclass (MC) swimmers must present their classification card to the referee at the beginning of each day that they are competing. S14 swimmers must also present their AusRapid Card.
10. To gain points swimmers must be a member of an affiliated MPS Club.
11. Limited Meet Programs will be printed. Program will be available online.
12. Awards
  - 50m & 100m events (except individual medley) – medals will be awarded in age groups 8/under, 9, 10, 11, 12, 13, 14, 15, 16, 17 & 18/over
  - 200m events (except individual medley) are open events – one set of medals will be awarded for each event
  - 100m individual medley - medals will be awarded in age groups 8/under, 9, 10, 11
  - 200m individual medley - medals will be awarded in age groups 12, 13, 14, 15, 16, 17 & 18/over
  - 400m, 800m, 1500m freestyle and 400m individual medley events are open events – one set of medals will be awarded for each event
  - Relays – ribbons will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> for all relay events
13. Relays
  - Relays are Club Relays.
  - Only one team per Club per relay event will be permitted.
  - Individual swimmers can only be entered in a maximum of one freestyle relay team and one medley relay team.
  - No relay entries will be accepted on the day.
  - Relay entries must be submitted using the MPS Relay Entries Form prior to the closing date with entry fee.
  - Any changes to relay teams must be made prior to the start of the first session on the day of the relay event.
  - Relays score double points.
  - Mixed relays must include 2 boys and 2 girls