



**SPEEDO NSW STATE  
10 YEARS & UNDER - 12 YEARS  
SHORT COURSE CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK AQUATIC CENTRE  
8 - 9 SEPTEMBER 2018**

<b>Session 1</b>					<b>Session 2</b>				
<b>Saturday 8 September, 9:00AM</b>					<b>Saturday 8 September, Not before 12.30pm</b>				
B	G				B	G			
1	2	11 Years	50m	Butterfly	27	28	10 Years/Under	50m	Breaststroke
3	4	12 Years/Under	400m	Freestyle	29	30	12 Years	100m	Freestyle
5	6	10 Years/Under	100m	Backstroke	31	32	11 Years/Under	200m	Freestyle
7	8	11 Years	200m	Individual Medley	33	34	12 Years	200m	Individual Medley
9	10	12 Years	100m	Breaststroke	35	36	10 Years/Under	100m	Butterfly
11	12	10 Years/Under	200m	Individual Medley	37	38	11 Years	100m	Breaststroke
13	14	11 Years	100m	Freestyle	39	40	12 Years	50m	Freestyle
15	16	10 Years/Under	50m	Butterfly	41	42	11 Years/Under	200m	Butterfly
17	18	12 Years	200m	Backstroke	43	44	12 Years	200m	Breaststroke
19	20	11 Years/Under	200m	Breaststroke	45	46	11 Years	50m	Backstroke
21	22	12 Years	100m	Butterfly	47	48	12 Years/Under	800m	Freestyle
23	24	11 Years	50m	Freestyle	49	50	12 Years/Under	4x50m	Club Freestyle Relay
25	26	12 Years/Under	400m	Individual Medley					
<b>Session 3</b>									
<b>Sunday 9 September, 9:00AM</b>									
B	G								
51	52	11 Years	50m	Breaststroke					
53	54	10 Years/Under	100m	Freestyle					
55	56	12 Years	200m	Freestyle					
57	58	11 Years	100m	Butterfly					
59	60	10 Years/Under	100m	Breaststroke					
61	62	12 Years/Under	4 x 50m	Club Medley Relay					
63	64	11 Years	100m	Backstroke					
65	66	10 Years/Under	50m	Freestyle					
67	68	12 Years	100m	Backstroke					
69	70	11 Years/Under	200m	Backstroke					
71	72	12 Years	200m	Butterfly					
73	74	10 Years/Under	50m	Backstroke					

**AGE AS AT 24 AUGUST 2018**

**ENTRIES CLOSE 5PM TUESDAY 28 AUGUST, 2018**

**ENTRY FEE \$18.00 PER INDIVIDUAL EVENT, RELAY EVENT \$36.00 (GST INCLUSIVE)**

- A swimmer may only appear in one (1) relay team list for that event
- Where a club enters three (3) or more relay teams, **all teams** must meet the qualifying time to be eligible



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**Qualifying Times - Boys**

	<b>12yrs</b>	<b>11yrs</b>	<b>11yrs/Under</b>	<b>10yrs/Under</b>
<b>Freestyle</b>				
<b>50m</b>	29.90	31.20		33.00
<b>100m</b>	1:04.00	1:09.00		1:13.00
<b>200m</b>	2:22.00		2:30.00	
<b>400m</b>	<b>12yrs/Under 4:56.00</b>			
<b>800m</b>	<b>12yrs/Under 10:00.00</b>			
<b>Backstroke</b>				
<b>50m</b>		37.00		39.20
<b>100m</b>	1:14.00	1:19.00		1:24.00
<b>200m</b>	2:42.00		2:49.00	
<b>Breaststroke</b>				
<b>50m</b>		42.00		45.50
<b>100m</b>	1:25.00	1:32.00		1:38.00
<b>200m</b>	3:02.00		3:14.00	
<b>Butterfly</b>				
<b>50m</b>		35.00		38.00
<b>100m</b>	1:14.50	1:21.00		1:27.50
<b>200m</b>	2:46.00		2:55.00	
<b>Individual Medley</b>				
<b>200m</b>	2:39.50	2:48.50		2:58.00
<b>400m</b>	<b>12yrs/Under 5:12.00</b>			
<b>Club Relays</b>				
<b>4x50m Freestyle</b>	<b>12yrs/Under 2:12.00</b>			
<b>4x50m Medley</b>	<b>12yrs/Under 2:30.00</b>			

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**Qualifying Times - Girls**

	<b>12yrs</b>	<b>11yrs</b>	<b>11yrs/Under</b>	<b>10yrs/Under</b>
<b>Freestyle</b>				
<b>50m</b>	30.30	31.40		33.60
<b>100m</b>	1:05.50	1:09.00		1:14.00
<b>200m</b>	2:22.50		2:30.00	
<b>400m</b>	<b>12yrs/Under 5:00.00</b>			
<b>800m</b>	<b>12yrs/Under 10:10.00</b>			
<b>Backstroke</b>				
<b>50m</b>		37.00		39.40
<b>100m</b>	1:14.50	1:19.50		1:25.50
<b>200m</b>	2:42.50		2:50.50	
<b>Breaststroke</b>				
<b>50m</b>		42.00		45.50
<b>100m</b>	1:26.00	1:31.00		1:38.00
<b>200m</b>	3:07.00		3:18.00	
<b>Butterfly</b>				
<b>50m</b>		35.50		37.50
<b>100m</b>	1:14.50	1:21.00		1:29.00
<b>200m</b>	2:50.00		2:56.10	
<b>Individual Medley</b>				
<b>200m</b>	2:41.00	2:49.50		2:57.00
<b>400m</b>	<b>12yrs/Under 5:35.00</b>			
<b>Club Relays</b>				
<b>4x50m Freestyle</b>	<b>12yrs/Under 2:12.00</b>			
<b>4x50m Medley</b>	<b>12yrs/Under 2:30.00</b>			

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