



2019 LONG COURSE SPRINT MEET

Venue: Blacktown Aquatic Centre
 Boyd St, Blacktown NSW 2148

Date & Time: Saturday 23rd March 2019 (warm up 1:00pm start time 2:00pm)

| Boys | Girls | Age | Distance | Stroke |
|------|-------|--------------|----------|-----------------|
| 1 | 2 | 8 & Under | 50m | Butterfly |
| 3 | 4 | 9 Years | 50m | " |
| 5 | 6 | 10 Years | 50m | " |
| 7 | 8 | 11 Years | 50m | " |
| 9 | 10 | 12 Years | 50m | " |
| 11 | 12 | 13 Years | 50m | " |
| 13 | 14 | 14 Years | 50m | " |
| 15 | 16 | 15 & Over | 50m | " |
| 17 | 18 | 8 & Under | 50m | Freestyle |
| 19 | 20 | 9 Years | 50m | " |
| 21 | 22 | 10 Years | 50m | " |
| 23 | 24 | 11 Years | 50m | " |
| 25 | 26 | 12 Years | 50m | " |
| 27 | 28 | 13 Years | 50m | " |
| 29 | 30 | 14 Years | 50m | " |
| 31 | 32 | 15 & Over | 50m | " |
| 33 | 34 | 8 & Under | 50m | Breaststroke |
| 35 | 36 | 9 Years | 50m | " |
| 37 | 38 | 10 Years | 50m | " |
| 39 | 40 | 11 Years | 50m | " |
| 41 | 42 | 12 Years | 50m | " |
| 43 | 44 | 13 Years | 50m | " |
| 45 | 46 | 14 Years | 50m | " |
| 47 | 48 | 15 & Over | 50m | " |
| 49 | 50 | 8 & Under | 50m | Backstroke |
| 51 | 52 | 9 Years | 50m | " |
| 53 | 54 | 10 Years | 50m | " |
| 55 | 56 | 11 Years | 50m | " |
| 57 | 58 | 12 Years | 50m | " |
| 59 | 60 | 13 Years | 50m | " |
| 61 | 62 | 14 Years | 50m | " |
| 63 | 64 | 15 & Over | 50m | " |
| 65 | Mixed | 10 and Under | 4 x 50m | Freestyle Relay |
| 66 | Mixed | 13 and Under | 4 x 50m | Freestyle Relay |
| 67 | Mixed | Open | 4 x 50m | Freestyle Relay |

CONDITIONS OF ENTRY

1. The Meet will be conducted under rules of MSW, SNSW & SAL and is Area approved.
2. All events are timed finals.
3. Entries to be submitted via Online Entry or Team Manager File.
4. Online entry link and TM files: <http://metroswsw.swimming.org.au/>
5. Age as at: **23rd March 2019**
6. Entry fees are: \$5.00 per individual event and \$8 per relay event
7. Online Entries close: **Tuesday 19th March 2019**
8. Pool Entry: Normal Pool entry applies
9. **There will be no late entries offered at this meet.**
10. A program will be posted on the MSW website on the Friday prior to the meet.
11. Relays must have a minimum of one boy or one girl.
12. Clubs may enter more than one relay in each event.

Enquiries: Kathy Thompson

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