



SWIMMING METRO NORTH WEST
12 YEARS & UNDER LONG COURSE DEVELOPMENT MEET
Sunday 22nd October 2017
Auburn Ruth Everuss Aquatic Centre, Church St, Lidcombe
Warm Up 8:00 am Start 9:00 am

Boys	Break Time	Girls	Break Time	Age	Dist	Stroke
1	**	2	**	12/Under	200m	IM
3	40.00	4	40.50	8/Under	50m	Backstroke
5	40.00	6	40.50	9 Years	50m	Backstroke
7	**	8	**	12/Under	100m	Backstroke
9	40.00	10	40.50	10 Years	50m	Backstroke
11	38.00	12	38.00	11 Years	50m	Backstroke
13	36.00	14	36.00	12 Years	50m	Backstroke
15	**	16	**	12/Under	200m	Butterfly
17	47.00	18	47.50	8/Under	50m	Breaststroke
19	47.00	20	47.50	9 Years	50m	Breaststroke
21	**	22	**	12/Under	100m	Breaststroke
23	47.00	24	47.50	10 Years	50m	Breaststroke
25	45.00	26	45.00	11 Years	50m	Breaststroke
27	41.50	28	42.00	12 Years	50m	Breaststroke
29	**	30	**	12/Under	200m	Freestyle
31	42.00	32	42.50	8/Under	50m	Butterfly
33	42.00	34	42.50	9 Years	50m	Butterfly
35	**	36	**	12/Under	100m	Butterfly
37	42.00	38	42.50	10 Years	50m	Butterfly
39	38.00	40	38.00	11 Years	50m	Butterfly
41	35.00	42	35.50	12 Years	50m	Butterfly
43	**	44	**	12/Under	200m	Breaststroke
45	34.50	46	35.00	8/Under	50m	Freestyle
47	34.50	48	35.00	9 Years	50m	Freestyle
49	**	50	**	12/Under	100m	Freestyle
51	34.50	52	35.00	10 Years	50m	Freestyle
53	33.00	54	33.00	11 Years	50m	Freestyle
55	31.50	56	31.50	12 Years	50m	Freestyle
57	**	58	**	12/Under	200m	Backstroke

** 12/Under Events ** Break Times By Age Group						
Boys	BT	Girls	BT	Age	Dist	Stroke
1	3:05.00	2	3:07.00	10/Under	200m	IM
1	2:56.00	2	2:56.00	11 Years	200m	IM
1	2:47.00	2	2:47.00	12 Years	200m	IM
7	1:26.00	8	1:27.50	10/Under	100m	Backstroke
7	1:22.00	8	1:22.00	11 Years	100m	Backstroke
7	1:18.00	8	1:18.00	12 Years	100m	Backstroke
15	3:05.00	16	3:06.10	11/Under	200m	Butterfly
15	2:56.00	16	3:00.00	12 Years	200m	Butterfly
21	1:40.00	22	1:40.80	10/Under	100m	Breaststroke
21	1:35.00	22	1:35.00	11 Years	100m	Breaststroke
21	1:29.00	22	1:29.50	12 Years	100m	Breaststroke
29	2:33.50	30	2:35.00	11/Under	200m	Freestyle
29	2:26.00	30	2:28.00	12 Years	200m	Freestyle
35	1:29.00	36	1:30.00	10/Under	100m	Butterfly
35	1:22.00	36	1:22.00	11 Years	100m	Butterfly
35	1:16.50	36	1:17.50	12 Years	100m	Butterfly
43	3:23.00	44	3:25.00	11/Under	200m	Breaststroke
43	3:12.00	44	3:14.50	12 Years	200m	Breaststroke
49	1:14.00	50	1:16.00	10/Under	100m	Freestyle
49	1:09.50	50	1:10.00	11 Years	100m	Freestyle
49	1:05.50	50	1:07.00	12 Years	100m	Freestyle
57	2:56.00	58	2:58.00	11/Under	200m	Backstroke
57	2:49.00	58	2:49.00	12 Years	200m	Backstroke

COSTS

Online Entries \$ 6.00
 All Competitors & Spectators are required to pay pool entry

CONDITIONS OF ENTRY

- Meet is approved by SNSW and will be conducted under SNSW rules.
- Age as at 22nd October 2017.
- For each event a swimmer must have an entry time which is slower than the nominated Break Time.**
- All events are timed finals.
- Ribbons will be awarded to 1st, 2nd and 3rd placegetters. In 8 & Under events ribbons will be awarded in 7 & Under and 8 Years age groups. A Participation ribbon will be presented to all swimmers.
- Online entries close 7:00pm Saturday 14th Oct 2017, or prior if the 4 hour time line is reached. No late entries will be accepted.
- Results will be submitted to SNSW, uploaded to the National Results Database and posted on Swimming Metro North West website.
- Program will be available to download for free from our website before the carnival www.metronwnsw.swimming.org.au
- The Meet Director reserves the right to amend the Program Of Events & Conditions Of Entry as required.
- All enquiries to SMNW Competitions Secretary, Nick Keith at compsecsmnw@gmail.com
- By entering, entrant's parent or guardian is declaring the entrant fit to compete. In the event that an entrant experiences a medical issue whilst competing at, or during the meet, the entrant will be required to provide a medical clearance from a health care professional before being allowed to resume competition at the meet. The Meet Director will have sole authority to adjudicate on this matter.