

Lane Cove Swim Club Summer Calendar 2017/18

MONTH	DATE	DAY	TIME	EVENT	LEARN TO SWIM	VENUE
October	7	Sat	7am	POINTSORE 1 - A		Lane Cove
	14	Sat	7am	POINTSORE 2 - B	LTSwim 1	Lane Cove
	21	Sat	7am	POINTSORE 3 - C	LTSwim 2	Lane Cove
	21	Sat		NSW MC Championships		SOPAC
	22	Sun		SMNE U13 Sprints		SOPAC
	26-28	Thur-Sat		Australian Short Course Championship		Adelaide
	28	Sat	7am	POINTSORE 4 - A	LTSwim 3	Lane Cove
November	4	Sat	7am	POINTSORE 5 - B	LTSwim 4	Lane Cove
	11	Sat	7am	POINTSORE 6 - C	LTSwim 5	Lane Cove
	11-12	Sat-Sun		SMNE Summer Championships		SOPAC
	18	Sat	7am	POINTSORE 7 - A	LTSwim 6	Lane Cove
	24-26	Fri-Sun		NSW Metro Championships		SOPAC
	25	Sat	7am	POINTSORE 8 - B	LTSwim 7	Lane Cove
December	2	Sat	7am	POINTSORE 9 - C	LTSwim 8	Lane Cove
	9	Sat	7am	POINTSORE 10 - A	LTSwim 9	Lane Cove
	9-10	Sat-Sun		NSW Open Water Championships		SIRC
	12-13	Fri-Sat		NSW State Age 10&U-12 yrs Championships		SOPAC
	15-20	Mon-Sat		NSW State Age 13-18 yrs Championships		SOPAC
	16	Sat	7am	POINTSORE 11 - B + XMAS PARTY	xmas party	Lane Cove
January	19-21	Fri-Sun		NSW State Open Championships		SOPAC
	27	Sat	7am	POINTSORE 12 - C		Lane Cove
February	3	Sat	7am	POINTSORE 13 - A	LTSwim 10	Lane Cove
	4	Sun	6pm	Club Championship Night 1		Lane Cove
	10	Sat	7am	POINTSORE 14 - B	LTSwim 11	Lane Cove
	10-11	Sat-Sun		Speedo Sprint Heats		various
	17	Sat	7am	POINTSORE 15 - C	LTSwim 12	Lane Cove
	18	Sun	5pm	LCSC Mile		Lane Cove
	24	Sat	7am	POINTSORE 16 - A	LTSwim 13	Lane Cove
	28-3	Wed-Sat		Australian Trials Championships		Gold Coast
March	3	Sat	7am	POINTSORE 17 - B	LTSwim 14	Lane Cove
	4	Sun	6pm	Club Championship Night 2		Lane Cove
	10	Sat	7am	POINTSORE 18 - C + 800m	LTSwim 15	Lane Cove
	10	Sat		Speedo Sprint Finals		SOPAC
	17	Sat	7am	POINTSORE 19 - A + 1500m	LTSwim 16	Lane Cove
	24	Sat	7am	POINTSORE 20 - B + Parent/Child Heats	LTSwim 17	Lane Cove
April	7	Sat	7am	SEASON PARTY P/Ch Final + Jo Field Trophy	party	Lane Cove
	4-15	Wed-Sun		COMMONWEALTH GAMES		Gold Coast
	21-28	Sat-Sat		Australian Age + MC Championships		SOPAC

2017 Public School Term 4: begins Mon 09/10/17 • ends Fri 15/12/17
 2018 Public School Term 1: begins Tues 30/01/18 (students) • ends Fri 13/04/18
 Easter - Good Friday 30/03/18

ONLY 3 RACES may be swum each week and each race must be a DIFFERENT STROKE

Distances are 'long' (200m/400m), 100m, 50m, and 25m

Medley may be swum in the long race and is counted as Freestyle in the pointscore

WEEK A - Freestyle, Breaststroke, Butterfly. Long - 200m

WEEK B - Freestyle, Backstroke, Breaststroke. Long - 200m

WEEK C - Freestyle, Backstroke, Butterfly. Long - 400m

2018 CLUB CHAMPIONSHIPS Entry Requirements - minimum 3 Saturday morning meets