

Griffith Swimming Club



About our Club

The Griffith Swimming Club was established in Griffith in the 1950s. Since then we have grown to become one of the largest and more successful clubs in the Riverina Region.

Aims - We cater to a range of swimmers from development and fitness, through to those competing at a competitive level. We provide opportunities for those swimmers to develop the skills and fitness needed to help them attain their personal best.

At Griffith Swimming Club we aim to:

- Provide the highest possible standards of instruction,

Time Trial / Club Nights

Griffith Swimming Club holds Time Trial Club Nights during both the summer and winter seasons.

Each time trial night program consists of 25/50/100 m events and some distance events during the term. Swimmers may compete in up to 3 events per night.

Swimmers are swimming against their own times and are awarded points based on improvements. Awards are presented at the conclusion of each season.

coaching, training and competition for every swimmer.

- Motivate young people to strive to achieve their full potential, both in swimming and in life generally.
- Encourage swimmers to participate in competitive swim meets.
- Instil in young people a sense of high self-esteem, the value of hard work and the importance of good sportsmanship.
- Encourage and promote physical fitness and healthy lifestyles.
- Provide opportunities for social and emotional development in an environment that is supportive of cultural and ethnic diversity

Two qualifying nights are held each term with a qualified starter and referee in attendance – this allows times achieved to be used when entering swimming carnivals.

Summer Season – Term 4 & Term 1

Winter Season – Term 2 & Term 3

Time Trials are held each Wednesday night commencing at 6:00 pm.

Anyone interested in joining the club can attend 3 time trial nights before joining

You don't have to be an Olympic Swimmer to join a swimming club – here are a few good reasons why you should join:

Social – There is that special aspect of meeting your friends at weekly club nights.

Team Spirit – Belonging to a club and wearing club colours will bring out that team spirit.

Encouragement – Our club issues awards for all aspects of improvement in swimming, from winning club points score to reaching a higher standard.

Satisfaction – Achieving satisfaction for your efforts to improve your swimming techniques, race times and developing self-discipline.

Confidence – Knowing the correct race procedures and rules of swimming will make a more confident swimmer, especially for those school carnivals.

Competition – Swimming range from club level to major competition.

Griffith Swimming Club operates out of Griffith Regional Aquatic Leisure Centre,



Joining Our Club / Annual Membership Fees

We are always looking for new members. Whether you have raced before with another club and are looking for an alternative or haven't belonged to a swim club before, we will welcome you to the club. Our club offers you opportunities to swim at competitive meets in the surrounding area.

To find out more please:

Check our website
www.griffith.swimming.org.au

Contact our Club Registrar by email
griffithswimmingclub@gmail.com

Annual Membership runs from 1st October to 30th September

2015/ 2016 Membership Fees are:

Swimmer \$75.00

(\$57.00 goes to NSW Swimming & Swimming Australia)

Non Swimmer (Adult) \$25.00

(\$17.50 goes to NSW Swimming and Swimming Australia).

All junior memberships must be accompanied by at least one adult membership.

The success for our club is assured by dedicated parent volunteers who assist on Club Nights and at carnivals with various duties including timekeeping and marshaling.

The club is managed by a committee of members who meet on the second Tuesday of every month.

The club also offers opportunities for parents to become accredited with NSW Swimming in various aspects including timekeeping, marshaling, starting, refereeing etc.

Carnivals / Club Championships

Griffith Swimming Club hosts two carnivals during the year – November and June.

Members are encouraged to represent the club at all SISA (Southern Inland Swimming Association) carnivals. A list of all carnivals can be found on our web page under Competition section.

Opportunities exist during both *Summer* and *Winter* seasons for members to qualify for NSW Country, State and National Championships.

Members also have the opportunity to participate in the Club Championships. A full list of the Championships rules and events can also be found on our web page.

Members have the opportunity to discuss their upcoming carnivals and events with the Club Coach and can set goals for their swimming.

2016 Club Captains

Boy Captain: Archie Triggs

Girl Captain: Maddison Casey

**Vice Captains: Jordan Wallace-
Chapman & James Tilston**

