



Woy Woy Swim Club

Long Course Qualifying Carnival

**** Day 1 ****

Saturday 6th October 2018

Warm up 12.00pm - Start 1.00pm

Limited entries to Timeline finish of 4 pm

Peninsular Leisure Centre 243 Blackwall Rd, Woy Woy

Fully Automatic Timing, Grandstand seating, 50m Heated Indoor pool

Male	Female	Age	Distance	Stroke	Male Qualifying time	Female Qualifying Time
1	2	Open	400 m	Individual Medley	5:57.00	6:00.00
3	4	12 & under	200 m	Freestyle	2:56.00	2:58.50
5	6	13 & Over	200 m	Freestyle	2:48.50	2:53.50
7	8	12 & Under	200 m	Breaststroke	3:34.50	3:45.00
9	10	13 & Over	200 m	Breaststroke	3:27.00	3:35.00
11	11	Mixed Open	800 m	Freestyle	15.00.00	
12	13	12 & Under	200 m	Butterfly	3:05.00	3:18.00
14	15	13 & Over	200 m	Butterfly	2:57.00	3:12.50
16	17	12 & Under	200 m	Backstroke	3:15.50	3:20.00
18	19	13 & Over	200 m	Backstroke	3:06.00	3:12.50
20	20	Mixed Open	1500 m	Freestyle	22.00.00	

****** All 800m & 1500m swimmers will be Required to supply an Adult for Lap counting ******

***** Visiting Clubs Will Be Asked to Assist with Time Keeping During the Carnival. *****



Woy Woy Swim Club

Long Course Qualifying Carnival

**** Day 2 ****

Sunday 7th October 2018

Warm up 8 am - Start 9 am

****Limited entries to 1500****

Peninsular Leisure Centre

243 Blackwall Rd, Woy Woy

Fully Automatic Timing, Grandstand seating, 50m Heated Indoor pool

M	F	Age	Dist	Stroke	Male QT	Female QT
21	22	12 & U	200m	I.M	3:12.50	3:23.50
23	24	13 & O	200m	I.M	3:07.00	3:17.00
25	26	10 & U	100m	Back	1:50.50	1:52.50
27	28	11/12	100m	Back	1:45.00	1:47.00
29	30	13/14	100m	Back	1:34.50	1:38.00
31	32	15 & O	100m	Back	1:32.00	1:34.50
33	34	OpenMC	50m	Breast	NT	NT
35	36	10 & U	50m	Breast	59.00	1:09.00
37	38	11/12	50m	Breast	51.50	55.50
39	40	13/14	50m	Breast	48.50	51.00
41	42	15 & O	50m	Breast	45.50	49.50
43	44	10 & U	100m	Fly	1:50.00	2:00.00
45	46	11/12	100m	Fly	1:36.00	1:48.00
47	48	13/14	100m	Fly	1:25.00	1:37.00
49	50	15 & O	100m	Fly	1:23.50	1:28.00
51	52	OpenMC	50m	Free	NT	NT
53	54	10 & U	50M	Free	49.00	52.00
55	56	11/12	50M	Free	44.00	46.00
57	58	13/14	50M	Free	40.00	43.00
59	60	15 & O	50M	Free	36.00	40.00
Proposed Lunch Break						

M	F	Age	Dist	Stroke	Male QT	Female QT
61	62	Open	400m	Free	5:25.50	5:41.00
63	64	OpenMC	50m	Back	NT	NT
65	66	10 & U	50m	Back	56.00	1:02.00
67	68	11/12	50m	Back	51.50	55.50
69	70	13/14	50m	Back	45.00	49.50
71	72	15 & O	50m	Back	40.00	43.00
73	74	10 & U	100m	Breast	2:06.50	2:07.00
75	76	11/12	100m	Breast	2:03.50	2:04.50
77	78	13/14	100m	Breast	1:53.00	1:54.50
79	80	15 & O	100m	Breast	1:40.00	1:44.50
81	82	OpenMC	50m	Fly	NT	NT
83	84	10 & U	50m	Fly	51.00	59.00
85	86	11/12	50m	Fly	46.00	51.50
87	88	13/14	50m	Fly	41.50	45.00
89	90	15 & O	50m	Fly	38.50	40.50
91	92	10 & U	100m	Free	1:38.00	1:38.00
93	94	11/12	100M	Free	1:32.00	1:33.50
95	96	13/14	100M	Free	1:23.50	1:28.00
97	98	15 & O	100M	Free	1:11.50	1:19.00

Conditions of Entry:-

1. This meet is conducted under the rules of Swimming NSW and is a Coast & Valley approved meet.
Times will be forwarded to Swimming NSW. All events will be timed finals.
2. Entry Fee \$6.00 per event. **NORMAL POOL ENTRY WILL APPLY.** Programs available online only
3. Age as at 6/10/18
4. **Entries Limited to Saturday - timeline limited to 4 pm finish. Sunday – limited to 1500 entries or timeline finish of 4pm.**
5. **Minimum age** of competitors in 200mt events is 9years
6. **Minimum age** of competitors in 400mt or longer events is 10years
7. Entries close Wed 19/09/18 at 9pm or when entry limits have been reached. **NO phone or late entries will be accepted**
8. **Online entries only**, link on WWSC & Coast & Valley websites
9. Medals will be awarded to first three place getters in each age group in double age events, 11/12, 13/14
10. One set medals for 10 & Under, 15 & Over & Open events.
11. Medals awarded to both male and female in Multi Class events.
12. **Cash prizes will be awarded for the Saturday afternoon events.** Medals will be awarded for the Sunday events.
13. The Meet Director reserves the right to amend the program and conditions of entry.
14. BBQ available Saturday lunch and Sunday breakfast and lunch
15. Enquiries to wwscrac@gmail.com

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