

PROGRAMME FOR WINTER 2017

Date	GRADE	Event 1	Event 2	Event 3	Event 4	Event 5																																			
April 29	WK1	D	50 Breast	50 Back	50 Fly	50 Free	100 IM*																																		
	TIME TRIALS	C	50 Breast	50 Back	50 Fly	50 Free	200 IM*																																		
		B	50 Breast	50 Back	50 Fly	50 Free	200 IM*																																		
		A	50 Breast	50 Back	50 Fly	50 Free	200 IM*																																		
* IM - all strokes must be 'legal' - this event will only be run if time permits. * IM - all strokes must be 'legal' (for 100 event - 25 of each stroke in the order of Fly/Back/Breast/Free)																																									
May 5	WK2 Presentation Night	PRESENTATION NIGHT AT CLUBHOUSE - 6PM START AGM																																							
May 12	WK3	D	50 Breast	50 Back	50 Fly	50 Free	100 IM*																																		
	TIME TRIALS	C	50 Breast	50 Back	50 Fly	50 Free	200 IM*																																		
		B	50 Breast	50 Back	50 Fly	50 Free	200 IM*																																		
		A	50 Breast	50 Back	50 Fly	50 Free	200 IM*																																		
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May 19	WK4	D	25/50 Back	100 IM*	25/50 Breast	25/50 Free	25/50 Fly																																		
	C	50 Back	200 IM*	50 Breast	50 Free	50 Fly																																			
	B	50 Back	200 IM*	50 Breast	50 Free	50 Fly																																			
	A	50 Back	200 IM*	50 Breast	50 Free	50 Fly																																			
* IM - all strokes must be 'legal' (for 100 event - 25 of each stroke in the order of Fly/Back/Breast/Free)																																									
May 26	WK5	D	25/50 Fly	25/50 Free	25/50 Back	25/50 Breast																																			
	C	100 Fly	100 Free	100 Back	100 Breast																																				
	B	100 Fly	100 Free	100 Back	100 Breast																																				
	A	100 Fly	100 Free	100 Back	100 Breast																																				
June 2	WK6	D	25/50 Free	25/50 Back	25/50 Breast	25/50 Fly	ALL Grades Relay 4*50																																		
	C	50 Free	50 Back	50 Breast	50 Fly																																				
	B	50 Free	50 Back	50 Breast	50 Fly																																				
	A	50 Free	50 Back	50 Breast	50 Fly																																				
* Relay Team Nomination will be taken on the night. (Winning team will be based on timed relay rules) * 4x50 - entry time base on best 50M Free time - (closest to entry time wins!!!)																																									
June 9	WK7 Public holiday MONDAY 12/6	D	Public holiday 12/6 - NO FRIDAY NIGHT CLUB EVENTS SCHEDULED																																						
June 16	WK8	D	25/50 Fly	25/50 Back	25/50 Breast	25/50/100 Free																																			
	C	50 Fly	50 Back	100 Breast	100 Free																																				
	B	50 Fly	50 Back	100 Breast	100 Free																																				
	A	50 Fly	50 Back	100 Breast	100 Free																																				
June 23	WK9	D	25/50 Breast	25/50 Fly	25/50 Free	25/50 Back	ALL Grades Relay 4*50																																		
	C	50 Breast	100 Fly	50 Free	100 Back																																				
	B	50 Breast	100 Fly	50 Free	100 Back																																				
	A	50 Breast	100 Fly	50 Free	100 Back																																				
* Relay Team Nomination will be taken on the night. (Winning team will be based on timed relay rules) * 4x50 - entry time base on best 50M Free time - (closest to entry time wins!!!)																																									
<table border="1"> <tr> <td>June</td> <td>School Holidays - July</td> <td>1/7/16 til 17/7/16</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Jul</td> <td>MPS Winter Championships</td> <td></td> <td>Orange</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Aug</td> <td>1-7 Country</td> <td></td> <td>SOPAC</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sept</td> <td>25-27 State Age</td> <td>13+</td> <td>SOPAC</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Sept</td> <td>9-10 State Age</td> <td>12&U</td> <td>SOPAC</td> <td></td> <td></td> <td></td> </tr> </table>							June	School Holidays - July	1/7/16 til 17/7/16					Jul	MPS Winter Championships		Orange				Aug	1-7 Country		SOPAC				Sept	25-27 State Age	13+	SOPAC				Sept	9-10 State Age	12&U	SOPAC			
June	School Holidays - July	1/7/16 til 17/7/16																																							
Jul	MPS Winter Championships		Orange																																						
Aug	1-7 Country		SOPAC																																						
Sept	25-27 State Age	13+	SOPAC																																						
Sept	9-10 State Age	12&U	SOPAC																																						
July 21	WK10	D	50 Free	50 Back	50 Fly	50 Breast	100 IM*																																		
	SPRINT Night	C	50 Free	50 Back	50 Fly	50 Breast	200 IM*																																		
		B	50 Free	50 Back	50 Fly	50 Breast	200 IM*																																		
		A	50 Free	50 Back	50 Fly	50 Breast	200 IM*																																		
July 28	WK11	D	TOWEL	50 Back	TOWEL	50 Breast	TOWEL																																		
	TOWEL NIGHT	C	HEATS	50 Back	SEMI-FINAL	50 Breast	FINAL																																		
		B	50 Free	50 Back	50 Free	50 Breast	50 Free																																		
		A	Handicap	50 Back	Handicap	50 Breast	Handicap																																		
* for finals eligibility all graded swim events on the night must be swum, ie: A grade must swim both 50M scheduled events. * club specified handicap rules apply (see footnotes)																																									
Aug 4	WK12	D	25/50 Back	50/100 Free	25/50 Fly	25/50 Breast																																			
	C	50 Back	100/200 Free	50 Fly	100/200 Breast																																				
	B	50 Back	100/200 Free	50 Fly	100/200 Breast																																				
	A	50 Back	100/200 Free	50 Fly	100/200 Breast																																				
Aug 11	WK13	D	100/200 IM*	25/50 Free	25/50 BBB		ALL Grades Relay 4*50																																		
	C	200 IM	50 Free	200 BBB																																					
	B	200 IM	50 Free	200 BBB																																					
	A	200 IM	50 Free	200 BBB																																					
* BBB is defined as a choice of Breast, Back or Butterfly, F denotes Free * IM - all strokes must be 'legal' (for 100 event - 25 of each stroke in the order of Fly/Back/Breast/Free) * Relay Team Nomination will be taken on the night. (Winning team will be based on timed relay rules)																																									
Aug 18	WK14	D	25/50/100 Free	25/50 Fly	25/50 Breast	25/50 Back																																			
	C	100 Free	50 Fly	100 Breast	100 Back																																				
	B	100 Free	50 Fly	100 Breast	100 Back																																				
	A	100 Free	50 Fly	100 Breast	100 Back																																				
Aug 25	WK15	D	25/50 Free	25/50 Fly	25/50 Breast	25/50 Back	100 IM*																																		
	SPRINT Night	C	50 Free	50 Fly	50 Breast	50 Back	200 IM																																		
		B	50 Free	50 Fly	50 Breast	50 Back	200 IM																																		
		A	50 Free	50 Fly	50 Breast	50 Back	200 IM																																		
* IM - all strokes must be 'legal' (for 100 event - 25 of each stroke in the order of Fly/Back/Breast/Free)																																									
Sep 1	WK16	D	25/50 Fly	25/50/100 Free	25/50 Back	25/50 Breast																																			
	C	100 Fly	100 Free	50 Back	100/200 Breast																																				
	B	100 Fly	100 Free	50 Back	100/200 Breast																																				
	A	100 Fly	100 Free	50 Back	100/200 Breast																																				
Sept 8	WK17	D	25/50 Back	25/50 Breast	25/50 Fly	25/50/100 Free																																			
	C	100 Back	50 Breast	50 Fly	200 Free																																				
	B	100 Back	50 Breast	50 Fly	200 Free																																				
	A	100 Back	50 Breast	50 Fly	200 Free																																				
Sept 15	WK18	D	50 Free	50 Back	50 Fly	50 Breast	ALL Grades Relay 4*50																																		
	SPRINT Night	C	50 Free	50 Back	50 Fly	50 Breast																																			
		B	50 Free	50 Back	50 Fly	50 Breast																																			
		A	50 Free	50 Back	50 Fly	50 Breast																																			
* Relay Team Nomination will be taken on the night. (Winning team will be based on timed relay rules)																																									

NOTES TO PROGRAM:

- Note 1: BBB is defined as a choice of Breast, Back or Butterfly
- Note 2: Towel night follows all handicap start & break rules. For finals eligibility all scheduled events must be swum. Note 3 also applies.
- Note 3: Club specific rule :- A 2 second (+ or -) break rule applies to all handicap, timed relay or dash events.
- Note 4: Relay Team Nomination will be taken on the night. (Winning team will be based on timed relay rules)
4x50 - entry time base on best 50M Free time - (closest to entry time wins!!!)