BELOW IS A LIST OF THE SUGGESTED SWIM MEETS COMING UP THAT WE ENCOURAGE ALL GOLD SWIMMERS TO ATTEND WHERE POSSIBLE. THERE ARE MANY MORE ON THE SWIM VIC CALENDAR WHICH YOU MAY WISH TO ATTEND IF YOU WANT TO.

THE MEETS BELOW ARE WHAT THE COACHES WOULD LIKE AS MANY GOLD SWIMMERS TO ENTER WHERE APPROPRIATE.

IF YOU ARE NOT SURE AS TO WHETHER YOU SHOULD COMPETE IN A MEET OR NOT THEN PLEASE SPEAK TO MARK OR ANTHONY DIRECTLY FOR SOME GUIDANCE.

OUR GOAL IS TO IMPROVE AND ALONG THE WAY GET CERTAIN TIMES SO THAT WE CAN COMPETE IN MAJOR MEETS LIKE - STATE AGE, STATE OPEN, COUNTRY CHAMPIONSHIPS, STATE SPRINTS AND NATIONALS WHICH ARE THE MEETS THAT WE WANT AS MANY GOLD SWIMMERS QUALIFYING FOR AND PARTICIPATING IN AS WE CAN.

WE HAVE LISTED IN SOME CASES 2 MEETS OVER A WEEKEND. THAT IS BECAUSE THEY ARE RUN BY THE TOP CLUBS IN VICTORIA THUS WE WILL HAVE TOP LINE COMPETITION WHICH IS WHAT WE ARE AFTER.

A SUNDAY MAY SUIT SOME FAMILIES BETTER THAN A SATURDAY OR VICE VERSA. ALSO WITH OUR COMMITMENT TO TRAINING AT THE NEW 50M FACILITY WE WOULD LIKE TO AVOID SATURDAY MEETS WHERE POSSIBLE. BUT AS WITH EVERYTHING OUR AVAILABILITY TO EITHER A SATURDAY OR SUNDAY IS DEPENDANT UPON WHAT OTHER COMMITMENTS FAMILIES HAVE OVER A WEEKEND.

IT IS VERY HARD TO SAY WHICH MEET IS BETTER THAN THE OTHER AS EVERY SWIMMERS NEEDS ARE DIFFERENT. WHAT WE WILL SAY IS THEY FILL UP VERY QUICKLY SO DO NOT PROCRASTINATE OTHERWISE THE WINDOW OF OPPORTUNITY TO GET QUALIFYING TIMES FOR MAJOR MEETS WILL DIMINISH. PLEASE BE ORGANISED WEEKS IN ADVANCE TO AVOID DISAPPOINTMENT.

YOU WILL SEE THAT MOST SWIM MEETS ARE AT MSAC, WHICH GIVES THE SWIMMERS THE BEST CONDITIONS TO ACHIEVE THEIR GOAL. WE WILL ENDEAVOUR TO THE BEST OF OUR ABILITY TO HAVE A COACH AT THE FOLLOWING SWIM MEETS TO SUPPORT THE SWIMMERS. WHERE THIS MAY NOT BE POSSIBLE THE COACHES WILL TALK TO THE SWIMMERS BEFORE THEY GO WITH INSTRUCTIONS ABOUT WARMUPS, SWIMDOWNS AND GENERALLY WHAT TO DO ON THE DAY.

AS WITH EVERYTHING THERE MAY BE ADJUSTMENTS TO THE FOLLOWING MEETS FOR ONE REASON OR ANOTHER. IF THIS HAPPENS YOU WILL BE INFORMED ASAP.

I HAVE ATTACHED SOME DOCUMENTS THAT MAY HELP YOU WHEN FILLING OUT YOUR ENTRIES BUT AS WITH EVERYTHING IF YOU ARE NOT SURE PLEASE SPEAK TO ANTHONY OR MARK DIRECTLY. I HOPE THIS INFORMATION HELPS YOU.

GO GOLD!!!!!!!!!

Ballarat GCO Short Course Distance Meet

Sun 14 June 2015 Location: Unisports Pool, University of Ballarat <u>Event Flyer</u>

Ballarat Top 5 - Meet 2

Sat 20 June 2015 Location: Ballarat Aquatic Centre

Metro West Short Course Meet

Sun 21 June 2015 Location: MSAC <u>Event Flyer</u>

Melbourne Vicentre SC Qualifying Meet*

Sun 28 June 2015 Location: MSAC <u>Event Flyer</u>

Waterlions Winter Short Course Meet*

Sat 11 July 2015 Location: MSAC <u>Event Flyer</u>

Surrey Park Short Course Meet

Sun 12 July 2015 Location: MSAC, Indoor Pool Event Flyer

Ballarat Top 5 - Meet 3

Sat 18 July 2015 Location: Ballarat Aquatic Centre

Firbank Aquastars Winter SC Meet

Sun 19 July 2015 Location: MSAC, Indoor Pool <u>Event Flyer</u>

CA Tritons Short Course Meet

Sat 25 July 2015 Location: MSAC - Indoor Pool

Bayside SC Meet

Sun 26 July 2015 Location: MSAC Event Flyer

Essendon District Aquatic Short Course Meet

Sun 2 Aug 2015 Location: MSAC

Ballarat Top 5 - Meet 4

Sat 8 Aug 2015 Location: Ballarat Aquatic Centre

Nunawading Short Course Meet

Sun 9 August 2015 Location: MSAC

MLC Aquatic Short Course Meet

Sun 16 August 2015 Location: MSAC <u>Event Flyer</u>

2015 Victorian Country SC Championships*

**QUALIFYING TIMES NEEDED!

Sat 22 - Sun 23 Aug 2015 **Location:** Ballarat

For further information please visit the **Country SC Championships** event page.

MAJOR PUSH FOR ALL GOLD SWIMMERS TO ASPIRE TO QUALIFY AND GO TO THIS MEET TO SWIM AGAINST THE BEST IN COUNTRY VICTORIA! LET'S GET QUALIFIED AND GET EVERY GOLD SWIMMER THERE. A GREAT WEEKEND IS ASSURED.

2015 Victorian Age SC Championships **QUALIFYING TIMES NEEDED!

Fri 4 - Sun 6 Sep 2015 Location: MSAC, Indoor Pool

For further information please visit the Age SC Championships event page.

MAJOR PUSH FOR ALL GOLD SWIMMERS TO ASPIRE TO QUALIFY AND GO TO THIS MEET TO SWIM AGAINST THE BEST IN VICTORIA! LET'S GET QUALIFIED AND GET EVERY GOLD SWIMMER THERE.

2015 Victorian Open SC Championships* **QUALIFYING TIMES NEEDED!

Sat 19 - Sun 20 Sep 2015 Location: MSAC, Indoor Pool

For further information please visit the Open SC Competition event page.

MAJOR PUSH FOR ALL GOLD SWIMMERS TO ASPIRE TO QUALIFY AND GO TO THIS MEET TO SWIM AGAINST THE BEST IN VICTORIA! LET'S GET QUALIFIED AND GET EVERY GOLD SWIMMER THERE.

Tigersharks Long Course Qualifying Meet

Sun 4 Oct 2015 **Location:** Casey Race

Waterlions Spring Long Course Meet*

Sat 10 Oct 2015 Location: MSAC **Event Flyer**

CA Tritons Long Course Meet

Sat 17 Oct 2015 Location: MSAC - Outdoor Pool

Bayside LC Meet

Sun 18 Oct 2015 Location: MSAC, Outdoor Pool

2015 Long Course Distance Competition

Sat 24 - Sun 25 Oct 2015 Location: MSAC Outdoor Pool

For further information please visit the Long Course Distance Competition event page.

Melbourne Vicentre Classic Long Course Meet

Sat 31 Oct 2015 Location: MSAC

Surrey Park Long Course Meet

Sun 1 Nov 2015 Location: MSAC, Outdoor Pool

2015 Victorian 7-10 Competition

Sat 7 - Sun 8 Nov 2015 Location: MSAC Indoor Pool For further information visit Country 7-10 Competition event pages.

THIS IS FOR GOLD SWIMMERS AGED BETWEEN 7 AND 10 YEARS. YOU ALSO NEED TO BE SELECTED BY MIDLANDS AS ONE OF THE FASTEST IN THAT STROKE AND AGE GROUP TO GO. THE NUMBER OF SWIMMERS PER AGE GROUP AND EVENT, WILL BE CONFIRMED BY MIDLANDS. ONCE THAT IS SORTED WE WILL COMMUNICATE THOSE DETAILS TO YOU.

Nunawading Long Course Meet

Sat 14 Nov 2015 Location: MSAC

2015 Victorian Qualifying Meet

sat 21 - Sun 22 and Sat 28 - Sun 29 Nov 2015 Location: MSAC Outdoor Pool

For further information please visit the Victorian Qualifying Meet event page.

2016 Victorian Age Championships

**QUALIFYING TIMES NEEDED!

Sat 12 - Thurs 17 Dec 2015 Location: MSAC Outdoor Pool

For further information please visit the <u>Victorian Age Championships</u> event page.

MAJOR PUSH FOR ALL GOLD SWIMMERS TO ASPIRE TO QUALIFY AND GO TO THIS MEET TO SWIM AGAINST THE BEST IN VICTORIA! LET'S GET QUALIFIED AND GET EVERY GOLD SWIMMER THERE.

2016 Victorian Country Championships*

**QUALIFYING TIMES NEEDED!

Fri 15 - Sun 17 Jan 2016 Location: Bendigo

For further information please visit the <u>Victorian County Championships</u> event page.

MAJOR PUSH FOR ALL GOLD SWIMMERS TO ASPIRE TO QUALIFY AND GO TO THIS MEET TO SWIM AGAINST THE BEST IN OUR LAND AND BEYOND!! RELAYS AS WELL AS INDIVIDUAL SWIMS OCCUR AT THIS MEET. LET'S GET QUALIFIED AND GET EVERY GOLD SWIMMER THERE. A GREAT WEEKEND IS ASSURED.

2016 Victorian Open Championships*

**QUALIFYING TIMES NEEDED!

Fri 22 - Sun 24 Jan 2016 Location: MSAC Outdoor Pool

For further information please visit the Victorian Open Championships event page.

MAJOR PUSH FOR ALL GOLD SWIMMERS TO ASPIRE TO QUALIFY AND GO TO THIS MEET TO SWIM AGAINST THE BEST IN VICTORIA! LET'S GET QUALIFIED AND GET EVERY GOLD SWIMMER THERE.

Bayside Quick Sprint Meet

Fri 29 Jan 2016 Location: MSAC

2016 Victorian Sprint Championships*

**QUALIFYING TIMES NEEDED!

Sat 6 - Sun 7 Feb 2016 Location: MSAC Outdoor Pool

For further information please visit the Victorian Sprint Championships event page.

MAJOR PUSH FOR ALL GOLD SWIMMERS TO ASPIRE TO QUALIFY AND GO TO THIS MEET TO SWIM AGAINST THE BEST IN VICTORIA! LET'S GET QUALIFIED AND GET EVERY GOLD SWIMMER THERE. A GREAT WEEKEND IS ASSURED.

MLC Aquatic Long Course Meet

Sat 13 Feb 2015 Location: TBC

2016 Metro West Long Course Meet

Sat 20 Feb 2015 Location: MSAC Event Flyer

2016 Victorian Country Interdistrict

Sat 27 Feb 2016 Location: MSAC Outdoor Pool

For further information please visit the **Country Interdistrict Competition** event page.

Surrey Park Long Course Meet

Sun 28 Feb 2015 Location: MSAC, Outdoor Pool

Melbourne Vicentre Summer Long Course Meet

Sat 5 March 2015 Location: MSAC Outdoor Pool

2016 All Junior Competition

March 2016 Location: MSAC Outdoor Pool

THIS IS FOR SWIMMERS WHO ARE 14 OR UNDER. MUST QUALIFY FOR THIS MEET
THROUGH A MIDLANDS DISTRICT RUN MEET WHICH IS NORMALLY ON A SUNDAY
MORNING AT EUREKA IN EARLY FEBRUARY. WHEN INFORMATION COMES OUT ABOUT
THIS EVENT YOU WILL BE INFORMED IMMEDIATELY.