

ANNUAL MIDLANDS AWARDS – 2014/2015

RE: NOMINATIONS FOR AWARDS

- Nominations for each MDASA Award must be submitted to the MDASA trophy selection committee on the appropriate form, with all relevant details. It is the responsibility of each individual swimmer to have details checked with his/her club Records Officer. Nomination forms are available from your club secretary or photocopy from this book. Please make sure you use the nomination forms for 2014/15. Forms prior to this will not be accepted. The previous years forms must not be altered as these will not be accepted.
NOTE:
 - * These must be submitted on the nomination forms for the current year only.
 - * Must only have (1) one swimmer on each form.
 - * The forms should be single sided only.
 - * If not on the appropriate form your nomination may not be accepted.
- To be eligible for any MDASA Award a swimmer MUST compete at the MDASA Championship Meet, swimmers must swim at least 3 events at this meet, (Relays excluded), plus two (2) other MDASA Distance Meets: 200m, 400m, 800m or 1500m. The Verification form must accompany your nomination for MDASA Awards. (Only one verification form per person is required)
- PLEASE NOTE: On the nomination form where it states placing please do not record any placings beyond tenth place.
- The MDASA Trophy Selection Sub-committee consists of: MDASA Records Officer, MDASA Championship Officer, MDASA Trophy Officer, MDASA President and Secretary.
- JW Clegg Shield: Special Committee (More info re Clegg over the page)
- MDASA Championship Meet: Swimmers must have been registered with Swimming Victoria and a Midlands Club for at least 6 weeks prior to the championships to be eligible to compete.
PLEASE NOTE: Swimmers must swim at least 3 events at this meet to qualify for any MDASA Trophy. (Relays excluded).
Overall Age Group Male & Female Champions ie; 9yrs/U, 10/11yrs, 12/13yrs, 14/15yrs, 16/17yrs, 18yrs & Over, will be presented with an award at the MDASA Presentation Night.
- RECORDS: If you are claiming a record, swim and record must be achieved at a Swimming Australia Limited approved longcourse meet. This must be presented to the MDASA Records Officer along with documented proof of your claim. Form included in this booklet and available from club secretary or photocopy. This form must be filled in to claim a record.
- SCHOOL MEETS: School meet times swum at National School Meets or VPSSA (MSAC) run under Swimming Australia Limited rules will be recognized for MDASA Awards and Records. (Excluding Clegg and Dixon Awards)
- Nomination forms for awards to be submitted ONLY to: The Secretary, MDASA Inc.
PO Box 1153, Ballarat Mail Centre 3354 CLOSING DATE: 5th May 2015
- Where standard time comparisons are used, the standard times used by MDASA are standard times that have been calculated from graphs of Australian and State records for that age group. The swimmers best time swum is compared with the appropriate standard time, and a percentage against the standard time is calculated. Standard times are included in this booklet.
- The interpretation of a rule is as per the current season's Year Book. It is the responsibility of the award nominee to read the Year Book and ensure that any nomination complies with MDASA rules.

- **MICK O'NEILL AWARD: Ballarat Sportsmen's Club.**

This award is generously donated by the Ballarat Sportsmen's Club in memory of Club Member Mick O'Neill who passed away in 2001. It is intended that the award recognizes a young swimmer who demonstrates ability and determination to succeed.

This award is for the **Best Performance by a 15yrs and under swimmer at the SV Victorian Country Championship Long Course Meet.** A swimmer who meets this criteria will be determined by the MDASA Records Officer and forwarded to the Ballarat Sportsmen's Club.

- **NEW: COUNTRY SHORT COURSE TROPHY:** A Perpetual Trophy and Individual Trophy to be presented for best Male & Female in 11/U, 12-15yrs and 16/O age groups taken from SV Country Short Course Championship Meet. Ballarat Swimming Club, Ballarat GCO & Ballarat Gold are donating these trophies. The trophy selection committee will oversee these trophies. These will be presented at the MDASA Presentation Night.

PRINCIPAL AWARDS

J.W.CLEGG SHIELD.... Awarded to the most outstanding 12yrs and Over swimmer in the District.

The JW Clegg Memorial Trophy shall be awarded to the swimmer in the Midlands District that meets the criteria that is set out by the Clegg Committee. It is worked out on a count of medals, Gold, Silver and Bronze starting with Nationals Open/Age, States, State Age and all State events including Country LC and SC Championships plus others listed on the Nomination Form. Records are also considered. This Trophy will not be awarded if the Clegg Committee is not satisfied that a swimmer has met this criteria.

Robin Alexander, Chairman of the JW Clegg Memorial Trophy

L.L. DIXON AWARD - 11 years and under - Awarded to the most outstanding Junior Swimmer.

WENDY ALEXANDER MEMORIAL AWARD....Best Achievement by a swimmer

No nomination form for this award.

MDASA AWARDS

BEST MALE - BEST FEMALE....to be selected from performances at SV Country LC Championships using the SV Country By-law 18.2 Country LC Championship points system for finals placing, as used for "individual age groups" i.e. 1st - 22, 2nd- 18, 3rd - 16, 4th - 14, 5th - 12, 6th - 10, 7th - 8, 8th - 6, 9th - 4, 10th - 2 points.

Points for open age events will be the same as individual age event points. Each record from this meet will be awarded 2 bonus points. If point totals are equal a countback system will be used. The number of gold medals will be considered first, thence the number of silver and thence the number of bronze.

BILL McKENZIE MEMORIAL TROPHY ...awarded to an 18/O swimmer at Midlands Championship Meet based on - the best 3 times over different events swum, percentaged against MDASA standard times then averaged.

12/13 Years FIONA FRASER TROPHY.....For best performance by a 12/13 year old can be taken from any official SV approved meet, SAL meet, or equivalent International Body conducted as a longcourse meet.

DISTANCE MEETS: Times for the 1500m and 800m trophies ONLY can be taken from any MDASA Distance Meet or from any official SV approved meet, SAL meet or equivalent International Body conducted as a longcourse meet. Time will be percentaged after comparison with the appropriate MDASA standard time.

Distance Events.....1500 m Freestyle.....Brett O'Neill
800 m Freestyle.....Helen Edgecombe

Times for the 400m, 200m and 200m I.M. Trophies can be taken from any official SV approved meet, SAL meet or equivalent International Body conducted as a longcourse meet. Time will be percentaged after comparison with the appropriate MDASA standard time.

400m Freestyle.....Craig Millgate
200m Freestyle.....Randall Forsyth
200m Individual Medley.....Karla Alexander

ISOBEL GLOVER FREESTYLE TROPHY.....50m & 100m times for this trophy can be taken from any official SV approved meet, SAL meet or equivalent International Body conducted as a longcourse meet. Times calculated using the best 50m and 100m are compared with the MDASA standard times, percentaged then averaged.

BREASTSTROKE TROPHY - Betty Fraser Memorial

BACKSTROKE TROPHY - Mick O'Neill Memorial

BUTTERFLY TROPHY - Graeme Fraser Memorial

Based on 50, 100, 200 metre swims, times for these trophies can be taken from any official SV approved meet, SAL meet or equivalent International Body conducted as a longcourse meet. Times are compared with the MDASA standard times, and the best two times percentaged then averaged.

VERIFICATION FORM



This form must be completed by the Club Records Officer to verify eligibility of nominee for all MDASA Awards (with the exception of the Clegg & Dixon Trophies). (One form per nominee)

I confirm that _____ (name of nominee) is eligible for consideration for MDASA Awards as they have competed in the following MDASA Swim Meets this season and have been registered with _____ (name of club) for at least six weeks prior to the MDASA Championship Meet.

- To be eligible for any MDASA Award a swimmer **MUST** compete at MDASA Championship Meet, a swimmer must swim in at least 3 events to be eligible for any MDASA Trophy, (Relays excluded), plus two (2) other MDASA Distance Meets: 200m, 400m, 800m or 1500m.*

Verified by Parent/Guardian/Applicant 18/Over: Signature _____

Applicant please tick the Three (3) meets you have competed in:

- MDASA Championship Meet > > I swam in at least 3 events YES/NO (Please circle)
- MDASA Distance 200m
- MDASA Distance 400m
- MDASA Distance 800m
- MDASA Distance 1500m

I _____ (Club Records Officer) for _____ (name of club) verify that the information supplied in the nomination form by _____ (name of nominee) is true & correct.

Signature _____ Date: _____



Nomination Form For Claiming a M.D.A.S.A. Inc. Record

(Must be achieved in a 25m/50m pool conducted as a SV approved meet, SAL Meet or equivalent International Body and have documented proof of claim before being lodged with the MDASA Records Officer.) Except for the 800m and 1500m Freestyle which may be swum at MDASA Distance Meets.

Full Name (name entered event with): _____

Date of Birth: _____ Male/Female: _____

S.V. Registration Number: _____

Club: _____

Event record to be claimed: Stroke _____ Distance _____

Date of Meet: _____ Name of Meet: _____

Age at Meet: _____ Time: _____

Signed: _____ (swimmer over 18 or parent/guardian)

Name: _____
Please Print

Signed: _____ (club records officer)



GUIDE TO FILLING OUT NOMINATION FORM

Freestyle Trophy

The Isobel Glover Freestyle Trophy....50m & 100m times for this trophy can be taken from any SV approved meet, SAL Meet or equivalent International Body conducted as a longcourse meet. Times calculated using the best 50m and 100m are compared with the MDASA standard times, percentaged then averaged.

The formula is:
$$\frac{\text{Standard time}}{\text{Swimmer's best time}} \times 100 = \text{_____}\%$$

e.g. Girl's 16 yr. Freestyle 100 metres
 Standard time: 57.15
 Sue Smith's time: 1: 09.32

$$\frac{57.15}{69.32} \times 100 = 82.44\%$$

Nomination for **Freestyle** award (50m and 100m only)

Name:Sue Smith Date of Birth:01/01/1999
 Please Print

100m Freestyle

Time69.32.....

MeetMDASA CHAMPS Date of Meet: ...15/02/15 Age at Meet16

Standard time ...57.15... % of Standard time:82.44%

Nomination Form 2014/15

Bill McKenzie Trophy - awarded for the best performance by a male or female in the 18/Over category at the Midlands Championships. Swimmers must submit their three best times in different events at the MDASA Championships, as demonstrated by their calculated percentage of the MDASA standard times. The award will be presented to the swimmer who has the highest score from the average of the three swims submitted.

Note: Standard times are found in MDASA Year Book. The formula used is standard time over swimmers time X 100 = ____%

Example: Female 18 yrs/over 50m freestyle standard time - 25.84

Sue Smith's 50m freestyle time - 31.61

25.84

31.61 x 100 = 81.74%

Name: _____ DOB: _____ Age: _____

Event: (eg 50m Freestyle).....Time.....

Standard time % of Standard time:

Event: (eg 50m Breaststroke).....Time.....

Standard time % of Standard time:

Event: (eg 50m Backstroke).....Time.....

Standard time % of Standard time:

Average of 3 percentaged times.....

Nomination Form 2014/15

200m Freestyle, 400m Freestyle and 200m Individual Medley Trophies.

200m Freestyle - Randall Forsyth 400m Freestyle - Craig Millgate
200m Individual Medley - Karla Alexander

Times for these trophies can be taken from any official SV approved meet, SAL meet or equivalent International Body conducted as a longcourse meet. Time will be percentaged after comparison with the appropriate MDASA standard time.

The formula is:
$$\frac{\text{Standard time}}{\text{Swimmer's best time}} \times 100 = \text{_____} \%$$

e.g. Girl's 16 yr. Freestyle, 100 metres
Standard time: 57.15
Sue Smith's time: 1: 09.32
$$\frac{57.15}{69.32} \times 100 = 82.44\%$$

Nomination for 200m Freestyle Trophy

Name: Date of Birth: Age at Meet:

Meet: Date of Meet: Time:

Standard time% of Standard time

Nomination for 400m Freestyle Trophy

Name: Date of Birth: Age at Meet:

Meet: Date of Meet: Time:

Standard time:% of Standard time

Nomination for 200m Individual Medley Trophy

Name: Date of Birth: Age at Meet:

Meet: Date of Meet: Time:

Standard time: % of Standard time

Nomination Form 2014/15

800m, 1500m Freestyle

800m Freestyle - Helen Edgecombe

1500m Freestyle - Brett O'Neill

Times for these trophies can be taken from MDASA Distance Events or any official SV approved meet, SAL meet or equivalent International Body conducted as a longcourse meet. Time will be percentaged after comparison with the appropriate MDASA standard time.

The formula is:
$$\frac{\text{Standard time}}{\text{Swimmer's best time}} \times 100 = \text{ ______ } \%$$

e.g. Girl's 16 yr. Freestyle, 100 metres
Standard time: 57.15
Sue Smith's time: 1: 09.32
$$\frac{57.15}{69.32} \times 100 = 82.44\%$$

Nomination for 800m Freestyle Trophy

Name: Date of Birth: Age at Meet:

Meet: Date of Meet: Time:

Standard time: % of Standard time

Nomination for 1500m Freestyle Trophy

Name: Date of Birth: Age at Meet:

Meet: Date of Meet: Time:

Standard time: % of Standard time

Nomination Form 2014/15

Backstroke Trophy – Mick O'Neill Memorial

The backstroke trophy will be based on 50 metre, 100 metre, and 200 metre swims, times for this trophy can be taken from any SV approved meet, SAL Meet or equivalent International Body conducted as a longcourse meet. Times are compared with the MDASA standard times, and the best two times percentaged then averaged.

The formula is :
$$\frac{\text{Standard time}}{\text{Swimmer's best time}} \times 100 = \text{_____}\%$$

e.g. Girl's 16 yr. Backstroke 100 metres
Standard time: 1 : 03. 12
Sue Smith's time: 1 : 09. 41

$$\frac{63.12}{69.41} \times 100 = 90.94\%$$

Nominations for Backstroke Trophy.

Name: Date of Birth:.....
Please Print

50m Backstroke

Time:

Meet:Date of Meet: Age at Meet:

Standard time: % of Standard time:

100m Backstroke

Time:

Meet: Date of Meet : Age at Meet:

Standard time: % of Standard time:

200m Backstroke

Time:

Meet: Date of Meet : Age at Meet:

Standard time: % of Standard time:

Girls Freestyle, Backstroke and Breaststroke Standard Times.

<u>50m free</u>	secs	min/sec	<u>50m back</u>	secs	min/sec
18/0	25.84		18/0	29.73	
17y	26.32		17/y	29.95	
16y	26.68		16y	30.31	
15y	27.02		15y	30.82	
14y	27.43		14y	31.50	
13y	27.99		13y	32.35	
12y	28.90		12y	32.75	
11y/u	29.95		11y/u	34.60	
<u>100m free</u>			<u>100m back</u>		
18/0	56.85		18/0	62.02	1.02.02
17y	57.07		17y	62.71	1.02.71
16y	57.15		16y	63.12	1.03.12
15y	57.25		15y	63.48	1.03.48
14y	57.56		14y	64.05	1.04.05
13y	58.25		13y	65.07	1.05.07
12y	59.50		12y	66.80	1.06.80
11y	61.47	1.01.47	11y	69.48	1.09.48
10y	64.35	1.04.35	10y	73.37	1.13.37
9/u	68.31	1.08.31	9/u	78.70	1.18.70
<u>200m free</u>			<u>200m back</u>		
18/0	120.13	2.00.13	18/0	130.20	2.10.20
17y	121.41	2.01.41	17y	133.43	2.13.43
16y	121.38	2.01.38	16y	134.44	2.14.44
15y	121.52	2.01.52	15y	135.80	2.14.80
14y	121.80	2.01.80	14y	138.36	2.18.36
13y	122.19	2.02.19	13y	140.43	2.20.43
12y	124.67	2.04.67	12y	162.74	2.42.74
11y	129.42	2.09.42	11y	168.82	2.48.82
10/u	137.09	2.17.09	10/u	177.40	2.57.40
<u>400m free</u>			<u>50m breast</u>		
Open	246.92	4.06.92	18/0	32.15	
17y	248.57	4.08.57	17y	33.61	
16y	249.06	4.09.06	16y	34.39	
15y	249.41	4.09.41	15y	34.76	
14y	250.65	4.10.65	14y	35.02	
13y	253.78	4.13.78	13y	35.45	
12y	259.84	4.19.84	12y	36.33	
11y	269.83	4.29.83	11/u	37.96	
10/u	284.78	4.44.78			
<u>800m free</u>			<u>100m breast</u>		
18/0	504.15	8.24.15	18/0	68.96	1.08.96
17y	508.43	8.28.43	17y	70.89	1.10.89
16y	509.18	8.29.18	16y	71.63	1.11.63
15y	509.47	8.29.47	15y	71.75	1.11.75
14y	512.35	8.32.35	14y	71.80	1.11.80
13y	520.87	8.40.87	13y	72.35	1.12.35
12y	538.10	8.58.10	12y	73.97	1.13.97
11/u	587.08	9.27.08	11y	77.21	1.17.21
			10y	82.65	1.22.65
			9/u	90.85	1.30.85
<u>1500 free</u>			<u>200m breast</u>		
Open	965.70	16.05.70	18/0	151.41	2.31.41
16y	968.62	16.08.62	17y	152.20	2.32.20
15y	975.26	16.15.26	16y	152.63	2.32.63
14y	990.16	16.30.16	15y	153.11	2.33.11
13y	1011.91	16.51.91	14y	154.08	2.34.08
12y	1043.05	17.23.05	13y	155.94	2.35.94
			12y	159.12	2.39.12
			11y	164.04	2.44.04
			10/u	171.11	2.51.11

Boys Freestyle, Backstroke and Breaststroke standard times.

<u>50m free</u>	<u>Secs</u>	<u>Min/sec</u>	<u>50m back</u>	<u>Secs</u>	<u>Min/sec</u>
18/0	22.54		18/0	26.74	
17y	23.86		17y	27.23	
16y	24.26		16y	27.85	
15y	24.61		15y	28.6	
14y	24.98		14y	29.56	
13y	25.67		13y	30.70	
12y	26.93		12y	32.08	
11/u	29.06		11/u	33.70	
<u>100m free</u>			<u>100m back</u>		
18y	49.60		18y	56.75	
17y	50.14		17y	57.47	
16y	50.91		16y	58.42	
15y	51.97		15y	59.70	
14y	53.40		14y	61.39	1.01.39
13y	55.26		13y	63.60	1.03.60
12y	57.82		12y	66.43	1.06.43
11y	60.55	1.00.55	11y	69.96	1.09.96
10y	64.11	1.04.11	10y	74.31	1.14.31
9/u	68.38	1.08.38	9/u	79.55	1.19.55
<u>200 free</u>			<u>200 back</u>		
18/0	107.50	1.47.50	18/0	121.96	2.01.96
17y	110.25	1.50.25	17y	122.79	2.02.79
16y	112.61	1.52.61	16y	124.72	2.04.72
15y	114.94	1.54.94	15y	127.62	2.07.62
14y	117.61	1.57.61	14y	131.40	2.11.40
13y	120.98	2.00.98	13y	135.93	2.15.93
12y	125.40	2.05.40	12y	141.12	2.21.12
11y	131.25	2.11.25	11y	146.85	2.26.85
10/u	138.88	2.18.88	10/u	153.01	2.33.01
<u>400m free</u>			<u>50m breast</u>		
18/0	227.11	3.47.11	18/0	29.05	
17y	231.95	3.51.95	17y	29.67	
16y	236.00	3.56.00	16y	30.33	
15y	240.07	4.00.07	15y	31.12	
14y	244.98	4.04.98	14y	32.14	
13y	251.14	4.11.14	13y	33.46	
12y	260.56	4.20.56	12y	35.20	
11y	272.85	4.32.85	11/u	37.33	
10/u	289.22	4.49.22			
<u>800m free</u>			<u>100 breast</u>		
Open	467.46	7.47.46	18/0	62.34	1.02.34
			17y	62.89	1.02.89
16y	479.15	7.59.15	16y	63.97	1.03.97
15y	494.58	8.14.58	15y	65.60	1.05.60
14y	512.46	8.32.46	14y	67.82	1.07.82
13y	531.54	8.51.54	13y	70.63	1.10.63
12y	550.54	9.10.54	12y	74.08	1.14.08
11y	568.20	9.28.20	11y	78.18	1.18.18
			10y	82.95	1.22.95
			9/u	88.44	1.28.44
<u>1500m free</u>			<u>200 breast</u>		
Open	891.26	14.51.26	Open	135.28	2.15.28
17y	885.75	14.45.75	17y	138.00	2.18.00
16y	899.72	14.59.72	16y	140.32	2.20.32
15y	930.04	15.30.04	15y	142.92	2.22.92
14y	973.59	16.13.59	14y	146.47	2.26.47
13y	1027.24	17.07.24	13y	151.63	2.31.63
12y	1087.86	18.07.86	12y	159.08	2.39.08
			11y	169.49	2.49.49
			10/u	183.52	3.03.52

Girls Butterfly and I.M. Standard Boys Butterfly and I.M. Standard Times

<u>50m fly</u>	<u>Secs</u>	<u>Min/secs</u>	<u>50m fly</u>	<u>Secs</u>	<u>Min/sec</u>
18/0	28.85		18/0	25.18	
17y	29.18		17y	25.24	
16y	29.35		16y	25.48	
15y	29.52		15y	25.92	
14y	29.83		14y	26.61	
13y	30.42		13y	27.60	
12y	31.42		12y	28.93	
11/u	32.99		11/u	30.64	
<u>100m fly</u>			<u>100m fly</u>		
18/0	61.10	1.01.10	18/0	53.31	
17y	61.12	1.01.12	17y	54.57	
16y	61.13	1.01.13	16y	55.66	
15y	61.29	1.01.29	15y	56.80	
14y	61.77	1.01.77	14y	58.20	
13y	62.75	1.02.75	13y	60.07	1.00.07
12y	64.40	1.04.40	12y	62.23	1.02.23
11y	66.89	1.06.89	11y	66.09	1.06.09
10y	70.38	1.10.38	10y	70.66	1.10.66
9/u	75.06	1.15.06	9/u	76.57	1.16.57
<u>200m fly</u>			<u>200m fly</u>		
Open	130.49	2.10.49	Open	116.87	1.56.87
17y	130.68	2.10.68	17y	118.07	1.58.07
16y	130.95	2.10.95	16y	119.98	1.59.98
15y	131.61	2.11.61	15y	122.74	2.02.74
14y	132.98	2.12.98	14y	126.53	2.06.53
13y	135.37	2.15.37	13y	131.49	2.11.49
12y	139.09	2 19 09	12y	137.76	2 17 76
11y	144 45	2 24 45	11y	145.51	2.25.51
10y	151.76	2.31.76	10y	154.88	2.34.88
<u>200 IM</u>			<u>200 IM</u>		
18/0	136.19	2.16.19	18/0	123.84	2.03.84
17y	136.49	2.16.49	17y	124.26	2.04.26
16y	136.67	2.16.67	16y	125.63	2.05.63
15y	137.01	2.17.01	15y	128.02	2.08.02
14y	137.83	2.17.83	14y	131.49	2.11.49
13y	139.42	2.19.42	13y	136.10	2.16.10
12y	142.08	2.22.08	12y	141.91	2.21.91
11y	146.10	2.26.10	11y	148.99	2.28.99
10/u	151.78	2.31.78	10/u	157.41	2.37.41
<u>400 IM</u>			<u>400 IM</u>		
Open	283.32	4.43.32	18/0	258.94	4.18.94
17y	282.88	4.42.88 xx	17y	263.60	4.23.60
16y	283.06	4.43.06	16y	269.30	4.29.30
15y	284.52	4.44.52	15y	276.25	4.36.25
14y	287.89	4.47.89	14y	284.70	4.44.70
13y	293.84	4.53.84	13y	294.88	4.54.88
12y	303.02	5.03.02	12y	307.00	5.07.00
11y	316.09	5.16 09	11y	321.32	5.21.32
10/u	333 68	5 33 68	10/u	338.05	5.38.05