



LANE COVE SWIMMING CLUB INC.

## NATIONAL RELAY SELECTION POLICY

### 1. OBJECTIVE

The objective of the National Relay Selection process policy is to ensure the best possible teams are selected to represent the Lane Cove Swim Club (LCSC) at The Australian National Championships.

In the interests of the LCSC members, this policy also serves to provide clarity and make the selection process as transparent as possible.

### 2. POLICY PRINCIPLES

This document has been developed using the following principles and guidelines:

- The LCSC recognises that the professionals coaching our swimmers are in the best position to select the relay teams, relating to swimmers and their likely performance at a meet.
- Ultimate responsibility for team selection rests with the clubs Head Coach.
- A sense of fairness, responsibility and accountability.
- LCSC By Laws
- Swimming NSW and Swimming Australia common practice in relay selection.

### 3. CRITERIA FOR SELECTION

All swimmers wishing to be considered for selection in a National Club relay team must:

- Be a financial competitive member of the LCSC, and
- Have recorded an SNSW Official Time for the stroke under selection since October of the current year and/or within time frame determined by the Head Coach.
- Be within the Age bracket of the Relay Event (e.g. 12/14yrs, 12/16yrs or 12/18yrs) on the first day of the Championships.

## 4. SELECTION PROCESS STEPS

1. The LCSC Head Coach in affiliation with his coaching panel will determine the initial swimmers being selected for the relay teams.

2. The LCSC Race Secretary will provide the Head Coach with an up to date list of official results from Meet Manager. From this swimmers will be ranked in order of approved official times.

- Times will be relevant to the event being swum, for example 4 x 50m freestyle relay selection will take into account the best 50m freestyle times of the swimmers being considered for selection.
- Medley relay will take into account the fastest swimmer of each individual stroke relevant to the distance required: Backstroke, Breaststroke and Butterfly.
- Swimmers should have attained individual times as recently as possible to the selection period.
- Times from the following are INELIGIBLE:
  - Meets where non-electronic hand held timing systems are used e.g. stop watches
  - Meets conducted in a Salt Water Pool
  - Relay Splits
  - Short Course (25m pool) times.
- The Head Coach will determine 'a cut off date' prior to the National Meet that times need to be attained by.

3. The initial relay teams will be formed by the 4 fastest swimmers, then changes may be made with justifications noted: These include but are not limited to:

- All swimmers entered/attending a Meet for individual events are given priority to participate in relays
- Training Performance
- Injury or any other reason for poor performance during the year
- Any reason for extra ordinary performance during the year

4. The most appropriate swimmers will then be chosen for the relay teams, considerations for additional swimmers and reserves will also take place. Should two teams be entered the fastest team will be Team A the second fastest team Team B and so on.

5. Close attention will be paid to ensure that no swimmer has been overlooked.

6. Once the relay team is selected and swimmers notified, swimmers must confirm by e-mail to the Race Secretary by the specified date that they are able to swim in the relay. Failure to confirm availability by the specified date will result in another swimmer being selected.

7. When a relay team has been finalised and the team entry is complete NO changes can be made unless a withdrawal occurs. Changes will be made at the discretion of the Head Coach ONLY.

#### Document Revision

Version	Date	Authors	Approver	Comments
1.0	23/02/2017	Amanda Vance Kylie Beattie Brett Winkworth	LCSC Committee	Created
2.0	23/02/2018			Review and Update

#### Document Distribution

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